

*"Our vision is to achieve a trauma-informed and responsive nation and workforce, one that is capable of recognising where people are affected by trauma and adversity, that is able to respond in ways that prevent further harm and support recovery, and that can address inequalities and improve life chances"*

## **Transforming Psychological Trauma Framework Trauma Skilled Practice Level Workshop**

**Tuesday 4 February 2020,  
9.30am – 4.30pm**

**Apex City Quay Hotel, 1 West Victoria Dock Road, Dundee DD1 1EL**

The [National Trauma Training Framework](#) was published in 2017, and the companion document the Training Plan was launched in July 2019

"The aspiration is that all workers across all service sectors will develop a trauma-informed level of understanding and skill whilst workers who have regular contact with children or adults who may be affected by trauma (even if this is not known about) would be expected to develop a trauma skilled level of understanding and skill." - *Training Plan page 10.*

Attending this full day Trauma Skilled practice event offers you the opportunity to

- increase your understanding and insight into the impact of trauma and how it may affect people
- increase awareness and knowledge of how people who have experienced trauma may present to services
- increase skills and knowledge in recognising and working with people who have experienced trauma.
- increase your understanding of trauma informed practice and how this can positively impact on care and support for people
- meet colleagues from a range of settings, share experiences, ideas and good practice

**Please note that if you are allocated a place you will receive an official confirmation email during week commencing 6 January 2020.**

**Please inform us should you be allocated a place which you cannot then attend as this will enable us to allocate the place to a colleague on the waiting list.**

**Please bring your booking confirmation with you to workshop.**

**Refreshments will be provided mid-morning and mid-afternoon - please bring your lunch with you.**

To apply for a place at this free event, follow the link to the Portal at <https://www.portal.scot.nhs.uk>

Instructions on how to register for the Portal can be found by clicking on link below and scrolling down the page

<https://www.nes.scot.nhs.uk/education-and-training/by-discipline/psychology/multiprofessional-psychology/adult-mental-health/training-programme-2019-20.aspx>

**For further information about the event or assistance with booking, please contact [Freda.Paterson@nes.scot.nhs.uk](mailto:Freda.Paterson@nes.scot.nhs.uk)**