



# General Practice Nurse Development (2019/20)

## Fully Funded CPD Connect Courses

### Background

The National Health and Social Care Workforce Plan, Part 3—improving workforce planning for primary care in Scotland (Scottish Government 2018) announced funding to support nurses working in primary care. Part of this funding is to offer a range of education and development to nurses working in primary care.

CPD Connect, hosted by NHS Education for Scotland, offers a range of CPD opportunities for staff working in primary care. Several courses are now available specifically for nurses. These have already been funded so can be booked directly now.

### How to book...?

All GPN's should create an account on <https://portal.scot.nhs.uk/> using their NHS.Net email address. Using the search phrase 'GPN' you will be able to access the booking pages for each course. Alternatively you can search for specific courses by using it's portal code. To be able to book these courses you must ensure your role on portal is '**Medicine-practice nurse**'.

### What courses are we offering;

#### Learning Programmes

Asthma  
COPD  
Cervical Cytology  
Introduction to leadership  
Spirometry Interpretation

#### Residential Study (2-day courses)

Masterclass in Long Term Condition Management  
Introduction to Minor Illness Consultations  
Masterclass in Telephone Triage, Consultation & Communication Skills  
Men and Women's Health

#### Other CPD Connect Courses

Cradle to Grave: Clinical Update courses  
A Day in the Life of a Busy General Practice  
Interpreting Blood Results



## **CPD Learning Programmes, Level of Learning**

*The level of learning anticipated is equivalent to SCQF Level 9.*

### **Introduction to Asthma**

This programme is designed for nurses embarking on the role of reviewing patients who already have a diagnosis of asthma.

The programme covers an overview of what asthma is, how to diagnose, treat and manage patients. You will be required to submit written work and it is envisaged that by the end of this programme you will have the knowledge and skills to competently carry out an annual review of a patient with asthma, in primary care.

### **Introduction to COPD**

Asthma and COPD are both long-term respiratory conditions, but that is where the similarities [end](#). The diagnosis, treatment and management, as well as the preceding factors for these conditions are largely different.

This introductory programme is designed specifically for nurses who wish to develop competency in performing an annual COPD review. It covers an overview of what COPD is, diagnosis including spirometry interpretation, and management of patients diagnosed with COPD.

You will be required to submit written work as part of the process and on completing this course you will have the necessary skills to competently perform an annual review of patients with COPD in primary care.

### **Cervical Cytology (not an update day)**

This one-day programme, will provide currently employed nurses with the knowledge and skills to collect a quality, routine, cervical sample and offer information and support in the event of an abnormal result. Nurses will require a designated supervisor for three months following attendance and will be expected to competently perform 20 cervical smears in line with the National Cervical Cytology Standards.

Additionally, nurses will be required to undertake written work prior to being deemed competent in practicing this advanced skill.



### Learning Programmes (Contd.)

#### Introduction to Leadership

Health Care delivery is forever changing and we as nurses are working in an area of transition and transformation.

This short **introductory programme** aims to develop and enhance leadership skills for nurses. It will explore different leadership styles and introduce you to the skills and tools required on your leadership journey. This programme encourages nurses to create a positive, caring and kind working environment allowing them to lead the way in providing high quality, compassionate patient care.

#### Spirometry Interpretation

Full course outline to be released shortly, updated information listed on <https://portal.scot.nhs.uk/>



### Residential Study (2 Day Courses)

#### Introduction to Minor Illness

This 2-day interactive foundation course aims to **introduce** GPNs to a range of common minor illnesses including – LRTIs, URTIs, ENT, MSK system, dermatology and paediatrics.

**This course is not suitable for those already working at advanced practice level.**

Minor illness management will become an important component of the GPN role. Following this foundation training nurses will have an increased awareness and understanding of common minor illnesses in addition to enhanced decision-making and consultation skills.

**Following this foundation training, competence needs to be achieved with clinical supervision, mentoring and support**

#### Masterclass in Long Term Condition Management

Long-term condition management is a fundamental component of our role...

But how do we keep ourselves up to date with the latest evidence and ensure our depth of knowledge is appropriate for an ever-growing array of conditions? How do we improve our practice and optimise patient care?

This 2-day masterclass is aimed at GPNs who are currently managing patients with LTCs, or at least striving towards this.

The masterclass will explore the latest evidence and effective nurse-led management of a variety of common presentations; promoting best practice and quality of care in line with the House of Care.

LTCs which will be included are AF, heart failure, diabetes, ACS, mental health and cancer care.

#### Masterclass in Telephone Triage, Communication and Consultation Skills

This 2-day interactive, residential aims to prepare senior GPNs with the necessary skills to commence telephone triage. It will allow GPNs the opportunity to practice their telephone triage skills with their peers, in a safe and supportive environment.

Independent prescribing and the challenges faced when consulting via the telephone will be explored, in addition to the medico-legal aspects of telephone triage.

It is anticipated that GPNs will develop an understanding of the telephone triage assessment process, be able to appropriately identify the urgency of patient's problems; be able to adequately provide health care advice and develop enhanced consultation and communication skills necessitated for telephone triage.

**Following this foundation training, competence needs to be achieved with clinical supervision, mentoring and support.**

### Other CPD Connect Courses

#### **Interpreting Blood Results**

This course aims to provide an opportunity for senior GPNs to develop their understanding of common blood results.

Topics included on this Day course include -

- How to approach common biochemical abnormalities
- Is the coagulation screen a useful test?
- General haematology and referral pitfalls
- Thyroid function tests demystified

#### **Cradle to Grave — Clinical Update courses held annually in Glasgow and Edinburgh**

This event will consist of a series of short presentations on common healthcare dilemmas from childhood to old age. The event will have a range of local speakers and lots of opportunities to ask questions and network with colleagues. The event has been designed by GPs, Nurses working in General Practice/ Primary Care and Pharmacists to make it all highly relevant to primary care.

The programme changes for each event so please visit Portal to check what is currently on offer.

#### **A Day in the Life of a Busy General Practice—Clinical Update held annually in Aberdeen**

This programme will feature a series of short presentations covering common clinical topics with the latest advice on their management. The event will have a range of local speakers and lots of opportunities to ask questions and network with colleagues. The event has been designed by GPs, Nurses working in General Practice/Primary Care and Pharmacists to make it all highly relevant to primary care.

The programme changes for each event so please visit Portal to check what is currently on offer.



# General Practice Nurse Development (2019/20) Other Available Opportunities offered by alternative educational providers

## Accredited Courses

**GPN Diabetes Level 9 Module**—This module examines the theory of Diabetes Mellitus as it affects children and adults across the lifespan, and relates this to patient care and health education.

**GPN Minor Illness inc Triage Level 9 Module**—To prepare registered healthcare professionals to assess, diagnose and manage patients presenting with minor illnesses.

**GPN Asthma SCQF Level 11 Module**—The aim of this module is to enable the student to critically appraise reasons for sub-optimal asthma control from diagnostic, therapeutic and psychological standpoints.

**GPN Sexual Health Level 9 Module**—The module is based around core elements of Sexual and Reproductive Health (SRH) and draws on current guidance to enable the student to offer patient-centred care with an evidence-based approach.

**GPN Assessment of Joint Pain SCQF Level 9 Module** - To enable students the opportunity to develop skills in the assessment, and referral or management of patients with joint pain associated with musculo-skeletal conditions.

**GPN Cardiovascular Disease SCQF Level 9 Module**—To explore the prevention, diagnosis, acute and long-term management of common cardiac conditions.

**GPN COPD & Spirometry SCQF Level 9 Module**—To explore the prevention, diagnosis and management of chronic obstructive pulmonary disease (COPD) including acute presentations.

**GPN Mental Health for Primary Care SCQF Level 9 Module**—To prepare registered General Practice and community nurses to screen and assess those with mental health issues. To improve detection and management of mental health issues, including risk of suicide, in primary care.

**GPN Behaviour Change SCQF Level 11 Module**—To prepare registered healthcare professionals to utilise Motivational Interviewing Skills to engage patients and promote health behaviour change.

**GPN Long Term Conditions SCQF Level 11 Module**—To explore the prevention, diagnosis and management of long term conditions including acute presentations and to enable participants to develop and apply underpinning knowledge, skills and attitudes to the management of patients with long term conditions.

## Short CPD Courses

**GPN Triage/Telephone Triage**—Practitioners will have increased confidence in their skills in conducting safe and effective triage/telephone triage.

**GPN Women's Health 2 Day CPD**—This two-day CPD course is designed to further develop practitioner's knowledge and skills in relation to women's health issues. These two days will focus on the female reproductive system and altered physiology, pre conceptual care, menopause and female genital mutilation.

**GPN Mental Health & Living with a Long Term Condition**— Practitioners will have increased confidence to support the mental health & wellbeing of people living with long-term conditions.



This resource may be made available, in full or summary form, in alternative formats and community languages. Please contact us on 0131 656 3200 or email [altformats@nes.scot.nhs.uk](mailto:altformats@nes.scot.nhs.uk) to discuss how we can best meet your requirements.



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