

Coaching for Experienced General Practice Nurses



Are you an experienced General Practice Nurse? Would you like some safe and confidential space and time to reflect on professional challenges? If the answer is “Yes”, you may want to consider engaging with this coaching opportunity.

What is Coaching and How Will It Help Me?

Coaching is a safe, confidential relationship that aims to improve individual performance and focuses on the ‘here and now’ rather than on the distant past or future. The coach supports the coachee to explore, understand and act on what is significant for them, drawing on the coachees own strengths, experience, skills and resources.

Coaching can help you to:

- develop your self-awareness
- obtain a better work-life balance
- handle conflict
- think about different ways of doing things
- improve your relationships with colleagues

The Coaching Offer

NHS Education for Scotland is offering places for coaching for experienced General Practice Nurses working in Scotland. The coaching will be tailored to the specific needs and context of the coachee. The coaching is confidential and has no association with any form of performance management. The coaching is fully funded and will include one face-to-face and two telephone coaching sessions with a professional coach.

To Apply

If you would like to note your interest in accessing this coaching opportunity, please visit: www.nes.scot.nhs.uk/education-and-training/by-discipline/nursing-and-midwifery/careers-and-recruitment/transforming-nmahp-roles/general-practice-nursing.aspx