UNIVERSAL PAIN ASSESSMENT TOOL

This pain assessment tool is intended to help patient care providers assess pain according to individual patient needs. Explain and use 0-10 Scale for patient self-assessment. Use the faces or behavioral observations to interpret expressed pain when patient cannot communicate his/her pain intensity.

- **Verbal Descriptor Scale**
  - **0**: NO PAIN
  - **1**: MILD PAIN
  - **2**: MODERATE PAIN
  - **3**: MODERATE PAIN
  - **4**: MODERATE PAIN
  - **5**: SEVERE PAIN
  - **6**: WORST PAIN POSSIBLE

- **Wong-Baker Facial Grimace Scale**
  - **0**: Alert Smiling
  - **1**: No humor serious flat
  - **2**: Furrowed brow pursed lips breath holding
  - **3**: Wrinkled nose raised upper lips rapid breathing
  - **4**: Slow blink open mouth
  - **5**: Eyes closed moaning crying

- **Activity Tolerance Scale**
  - **0**: NO PAIN
  - **1**: CAN BE IGNORED
  - **2**: INTERFERES WITH TASKS
  - **3**: INTERFERES WITH CONCENTRATION
  - **4**: INTERFERES WITH BASIC NEEDS
  - **5**: BEDREST REQUIRED