

PATIENT'S NAME

DATE

Reason for administering SWIFT

The SWIFT Check Up is a tool that you can use to build up a picture of a person's key relationships, how they are coping, how things are going at work and at home as well as give you an idea of things they like to do. It provides a useful framework that you can use to gain a holistic perspective about the people you see. You can start at any point on the list below - depending on whether it is a first consultation or follow up.

<b>S</b> Stress/Coping	
<b>W</b> Work/Home	
<b>I</b> Illness/LT Condition	
<b>F</b> Friends and Family	
<b>T</b> Things I like to do	

**Follow up actions:**

SIGNED

DATE