



# An Introduction to systemic practice and family interventions in CAMHS



## Assessing a child's functioning within multiple systems

**A FIVE DAY TRAINING DELIVERED BY THE FAMILY THERAPY TRAINING NETWORK IN PARTNERSHIP WITH NHS EDUCATION FOR SCOTLAND(NES)**

### THE TRAINING

The [CAMHS Competence Framework](#) defines the clinical knowledge and skills underpinning various clinical activities. This includes a range of systemic competences including assessing a child's functioning within multiple systems. These skills contribute to the process of developing a full formulation and the part in which individuals, families and the wider professional networks can play in helping understand a child's behaviour as well as designing cohesive, coordinated interventions.

This a small group training opportunity for ten participants to be introduced to and use key concepts from the literature of Systemic Practice and Family Therapy and enhance their practice by

- Developing an understanding of systemic ideas and their relevance to families, context and professional networks in assessing referrals to CAMHS
- Developing an understanding of social constructionist ideas and their contribution to accessing and understanding individual/family/ professional beliefs around events and behaviours
- Using genograms as a tool to explore the meanings, beliefs and family relationships and the significance of lifecycle
- Developing ideas and skill around engagement and strengths based assessments as a basis for family work and developing a formulation
- Promoting an understanding of family structure, culture and functioning and the potential for promoting positive change

Two experienced family therapists will lead this training, creating a constructive environment where participants can develop as reflective practitioners working with ideas around, systems beliefs and therapeutic stance. Participants will be expected to bring case examples from their workplaces, these will provide learning opportunities through the use of role play and other interactive learning mediums. There will be reading before and in between training days and a small piece of practice based writing to be brought to the follow up day.

## THE TRAINING ORGANISATION

THE FAMILY THERAPY TRAINING NETWORK (FTTN) members are amongst the most experienced family therapists and family therapy trainers in Scotland and the North of England. Committed to the principles of public service, our multidisciplinary members continue to work in the NHS, social services and the voluntary sector as well as contributing to training the next generation of Scottish professionals

FTTN members have a long association with the Association of Family Therapy and have been delivering accredited trainings since 2006

## THE TRAINERS

**Roy Farquharson** is a RMHN and a systemic family therapist, His interest young people affected by trauma including emotional, physical and sexual abuse and young person had displayed sexually harmful behaviour. He is currently working with the Medical Foundation with separated young people who have experienced torture in their country of origin.

**Pam Garden** is a registered mental nurse (RMN) and a Systemic Family Therapist with 27 years' experience in adult, adolescent and child mental health. She works systemically with complex family issues using a risk and resilience framework, to work with challenging behaviour, attachment issues and those affected by eating disorders. She also draws upon systemic ideas in consultation to professional networks

## WHERE AND WHEN

NES Education for Scotland, 2 Central Quay, 89 Hydepark Street, Glasgow, G3 8BW

Thursday 14<sup>th</sup> and Friday 15<sup>th</sup> of February 2013

Thursday 28<sup>th</sup> February and Friday 1<sup>st</sup> March 2013

Friday the 29<sup>th</sup> of March 2013

Time: Thursdays 9.30am - 5pm

Fridays 9.30am - 4pm

## ELIGIBILITY

Specialist CAMHS workers with access to regular clinical supervision in which systemic practice can be discussed.

## APPLICATIONS

Please click on the link below to apply for this training course

[https://response.questback.com/nhseducationforscotland/camhs\\_systemic/](https://response.questback.com/nhseducationforscotland/camhs_systemic/)

If you have any queries please contact Lynne Miller [lynne@familytherapytrainingnetwork.org](mailto:lynne@familytherapytrainingnetwork.org)