



We are delighted to introduce the NES AHP Careers Fellows for 2021 -2022. We will be sharing their work as it progresses in the coming months so look out for tweets, blogs etc.

In the meantime, if you have any questions about the projects below or the AHP Fellowship scheme itself please get in touch AHP.Fellowships@nes.scot.nhs.uk

Elaine Allan (NHS GG&C)

Elaine will work with nursery nurses to develop a programme of intervention for children in their pre-school year. It will focus on the development of fine motor, self-care and early education skills and will be supported virtually by the OTs

Jane Arthur and Jim Scanlan (NHS Fife)

Jane and Jim will develop a new codesigned approach to 'group' musculoskeletal telerehabilitation integrating learning knowledge translation, 'Near Me' video consultations and extended online video resources. Jane will focus on rehabilitation post patella dislocation in children and young people and Jim will focus on telerehabilitation following anterior cruciate ligament reconstruction

Kassandra e'Silva (NHS Lothian)

Holding Minds in Mind - Kassandra will offer mentalization-based Music Therapy sessions to staff and the carers/relatives of people who have been in a complex clinical care unit for an extended period of time during and after the Covid-19 pandemic. The aim is to improve relationships and the mental health and wellbeing of patients/staff/visitors

Ros Fraser (NHS Lothian)

Ros will explore new ways of multi and interdisciplinary working with teams focussed on Home First philosophy. As part of this she will promote increased understanding of SLT contribution to patients referred to/from Home First services and influence the development of SLT service to them

Vicky Fyffe and Gail Thomson (NHS Tayside)

Vicky and Gail will build on their recent experience and learning to develop an online package of resources for AHP staff who are supporting the rehabilitation needs of people with common post covid and long covid symptoms

Matthew Gallagher (NHS Forth Valley)

Matthew will focus on the use of technology to provide care home residents at risk of falls with equitable access to community AHP services. He will work with local care homes to develop and test a digital/remote support structure for care home workers to train and expand on their knowledge and skills to ensure residents will be seen by the right person at the right time

Rona Marcus and Lianne Henry (NHS Orkney)

Rhona and Lianne will work within hospital and community services to capture people's experiences of rehabilitation, explore the research evidence base and evaluate current service. They will use this data to create pathways to better support the mental health and wellbeing of people during their rehabilitation after an unscheduled event

Wendy Juner (NHS Lothian)

Wendy will work with a range of stakeholders to 'rethink' ways of delivering community rehabilitation and self-management support for people post stroke. This will include the use of technology to enable people to feel confident in their own recovery and rehabilitation during and after the Covid-19 pandemic.

Fiona Kennedy (NHS Tayside)

Non-compliance and poor understanding of bowel and bladder preparation often result in repeat planning scans and potential delays to treatment start dates. Fiona will construct an online virtual package for people prior to a planning CT scan. It will take a person-centred approach to meeting information and clinical preparation needs and, ultimately, aim to reduce the need for repeat scans and avoidable delays

Katherine Masterson (NHS Borders)

Katie will evaluate the experiences of people with mental ill health and older adults living with dementia in relation to the use of technology/digital resources during and after the Covid-19 pandemic. She will use her finding to improve access to digital AHP interventions in mental health services

Lisa McLachlan (NHS Dumfries and Galloway)

Lisa will build on the learning and experiences from the Covid-19 pandemic to incorporate technology based interventions into community Pulmonary Rehabilitation services. The project will offer choices about the method of delivery and aim to improve access for people who have previously declined much needed rehabilitation due to the travel required across a rural region

Kelsey Normand (NHS Tayside)

Kelsey will build a technology-enabled competency-based training plan for the 4d-CT scanning process to meet the needs of this new era. By removing the necessity for radiographers to be physically based on the CT scanner to gain confidence in the process of 4d CT scanning, the capacity and speed at which radiographers can develop that skill and the ease with which they can maintain it can be increased

Carol Smith (NHS Lanarkshire)

Carol will aim to improve patient safety and outcomes in relation to tracheostomy management by investigating and developing the input of an extended Physiotherapy role through means including advanced skills, benchmarking, clinical guidelines, training and multi-agency involvement

Ruth Stewart (NHS Lothian)

Ruth will review and improve the patient pathway for children and young people with dysfunctional breathing who attend the Royal Hospital for Sick Children, Edinburgh to support earlier intervention and keep a generation engaged in sport and activity.

Clare Tarr (NHS Grampian)

Clare will utilise the national RCSLT COVID-19 SLT data collection tool to capture data immediately post-ICU where assessment will inform early rehabilitation needs and re-assessment of rehabilitation needs at the point of discharge from the acute setting. This will support SLT contribution to optimising recovery following critical care interventions
