

## Introduction

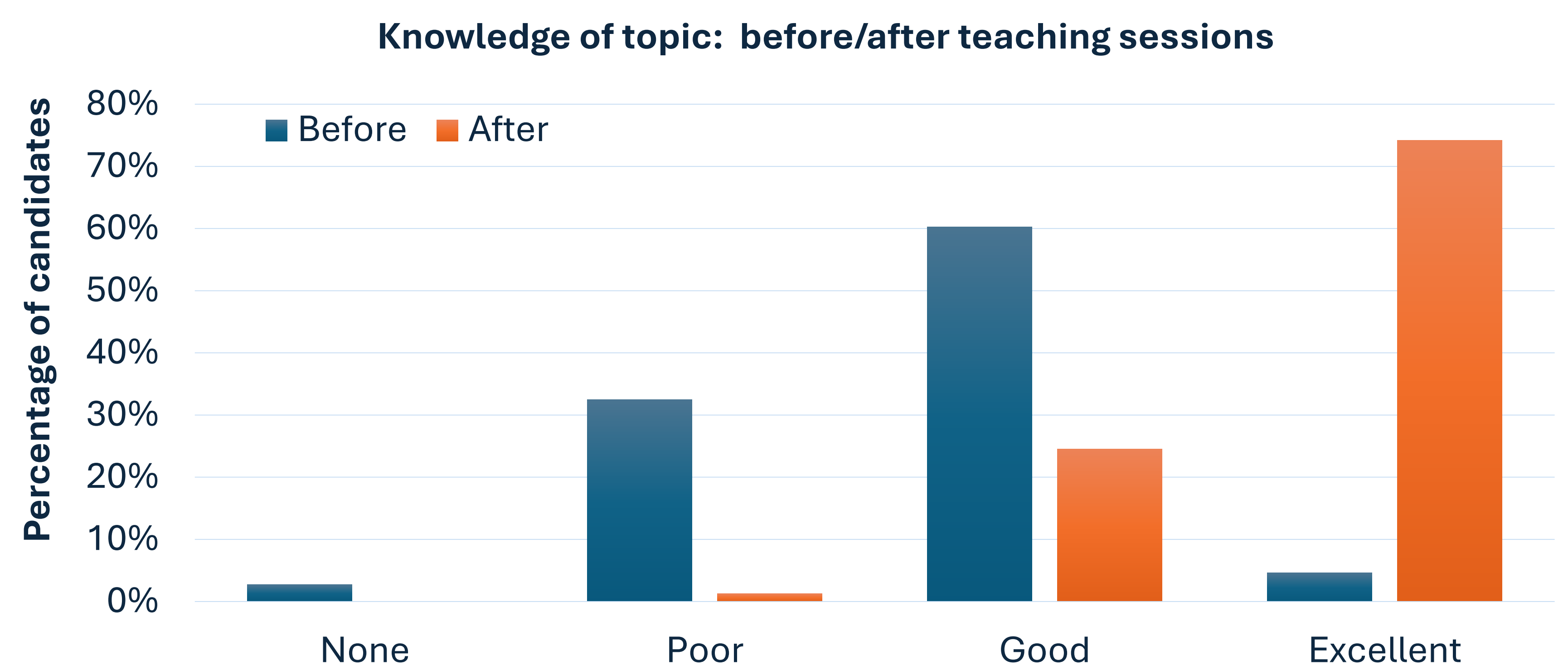
In 2023, 68% of doctors registering with the GMC were non-UK graduates (2). International Medical Graduates (IMGs) are an integral part of health care provision in Scotland. Through the creation of regular high-quality educational sessions in NHS Lanarkshire, we hope to empower IMGs to enhance their clinical and non-clinical skills, and in doing so take steps to improve health equity.

## Method

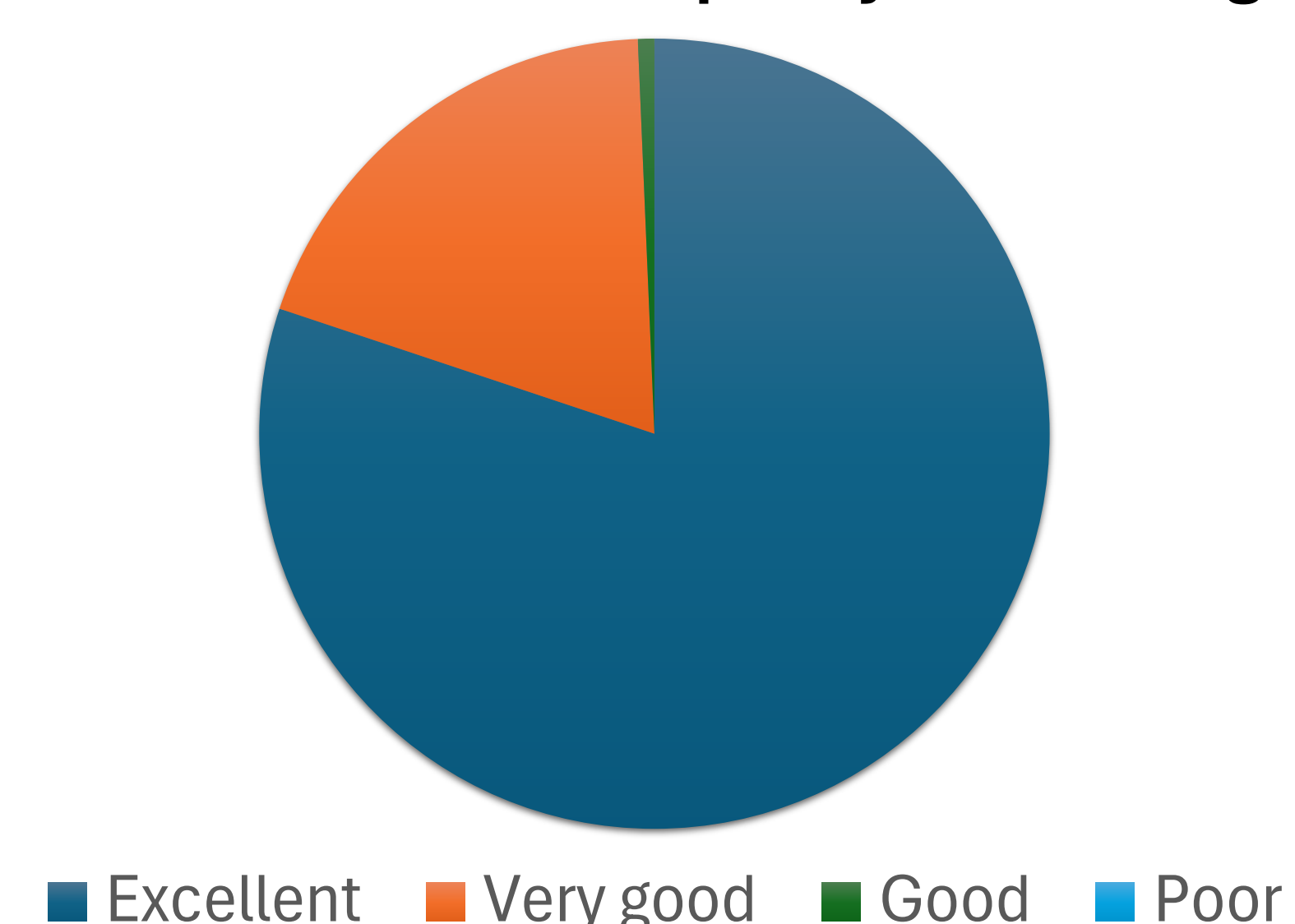
IMG candidates working across the acute, social and primary care sites, within NHSL, were invited to attend core sessions covering a variety of medical specialties. Sessions were delivered on a monthly basis, initially as half day sessions moving to full day sessions based on feedback. The specialty topic was advertised prior to sign up and pre-reading material provided to candidates on enrolment. The teaching format included clinical skills, medical scenarios, simulation, lecture-based and prescribing. Upon completion candidates were provided with certificates of attendance and an appropriate number of CPD points awarded.

## Results

- From November 2023 to January 2025 there have been 174 candidate attendances
- 110 faculty members in total , averaging 8 educators per session.
- >96% of candidates agree they would ‘definitely’ recommend these sessions to a colleague
- 99% of responses from faculty advocated that these sessions were beneficial to the candidates
- Graph 1 illustrates self evaluated increase in knowledge following education sessions.
- Graph 2 shows the majority of attendees felt the quality of educational sessions was ‘very good’ or ‘excellent’



**Candidate feedback: Overall quality of teaching sessions**



## Conclusion

Though inadequate to demonstrate improved patient care, feedback illustrates the provision of these high quality, interactive sessions improves knowledge and confidence in clinical skills. From literature we understand medical education plays a vital role in patient centred care and thus health equity (3)(4).

relevant  
well delivered  
improve confidence  
more simulation  
helpful  
very well organised  
improve patient care  
longer sessions  
excellent  
more sessions

Candidate feedback is largely positive with requests for more/longer and increased frequency of sessions.

### References

1. <https://openclipart.org/user-detail/GDJG>. wikipedia commons 2015 [updated 2022. Available from: <https://commons.wikimedia.org/wiki/File:GDJ-World-Flags-Globe.svg#Licensing>.
2. Council GM. The state of medical education and practice in the UK. Workforce report 2023. <https://www.gmc-uk.org/about/what-we-do-and-why/data-and-research/the-state-of-medical-education-and-practice-in-the-uk-reports>; 2023 November 2023.
3. Bloom BS. Effects of continuing medical education on improving physician clinical care and patient health: a review of systematic reviews 2005 February 2025. Available from: <https://pubmed.ncbi.nlm.nih.gov/16110718/>.
4. Daniel J Shumacher KG, Benjamin Kinnear Competency-based medical education: Connecting training outcomes to patient care: Elsevier; 2024. Available from: <https://www.sciencedirect.com/science/article/abs/pii/S1538544224001263>.