

IMG Sim Club

A COMMUNITY OF ONGOING SUPPORT FOR INTERNATIONAL MEDICAL GRADUATES



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Background

Entering the NHS as a new international medical graduate can be daunting and isolating. After initial inductions, IMGs can be left without effective accessible support, with a limited social network.



Methods

Monthly sim sessions



We developed an 'IMG sim club' with monthly afternoon simulation sessions



Topics range from diagnostic uncertainty, challenging conversations, to wellbeing sessions by our psychologist



Results



Run for 2 years in FV and 18 months in Tayside



We have built relationships with our group, offering them leadership opportunities



IMGs from different teams meet, forging bonds and a community



Feedback from IMG participants has been overwhelmingly positive

Conclusion

We need to offer consistent ongoing support, a sense of community, and safe learning opportunities following induction. Furthermore, IMGs in our workforce are a rich resource with an expansive skill set, lived experience, and role-modelling for future IMGs.



Contact us

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