

Interview preparation support for medical school applicants with a hybrid online/in-person programme in 2024

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Introduction

- Medic Insight Glasgow is a medical student-led organisation that supports pupils in their journey to medical school and promotes widening participation.
- This year a mix of online and in-person sessions was held, including mock interviews and informational talks.
- With the help of medical student & staff volunteers, applicants were able to get personalised feedback and guidance.

Methods

- We held two interview preparation events delivered over Zoom and at the University of Glasgow, in a format similar to previous years' events (see Figure 1).
- The Information Evening on Zoom had presentations about preparing for interviews and the structure of interviews across the different medical schools in Scotland.
- The in-person mock interviews included panel & MMI-style stations.

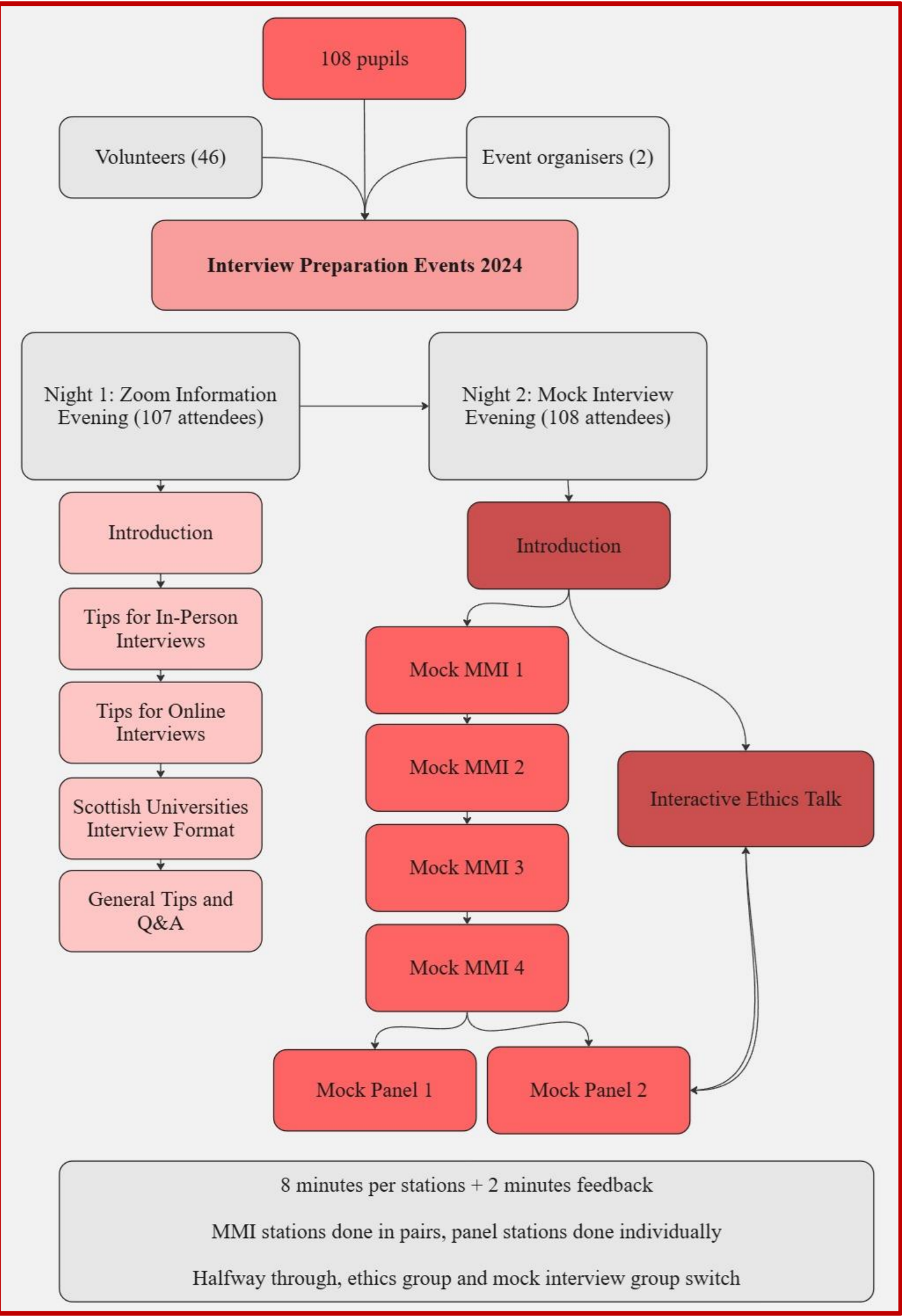


Figure 1. Schematic representation of Medic Insight Interview Preparation Events 2024.

Results - Event Feedback

- The Information Evening had 107 attendees and the Mock Interview Evening had 108 attendees, with 29.2% and 33.0% respectively being from a widening participation background.
- These events involved the help of 48 volunteers in total.
- Attendees found the online lectures significantly improved their understanding of each subject discussed (see Figure 2) (Mann-Whitney U test, $p < 1.0e-8$) and generally found the different station types in the mock interviews to be useful (see Figures 3, 4, and 5).

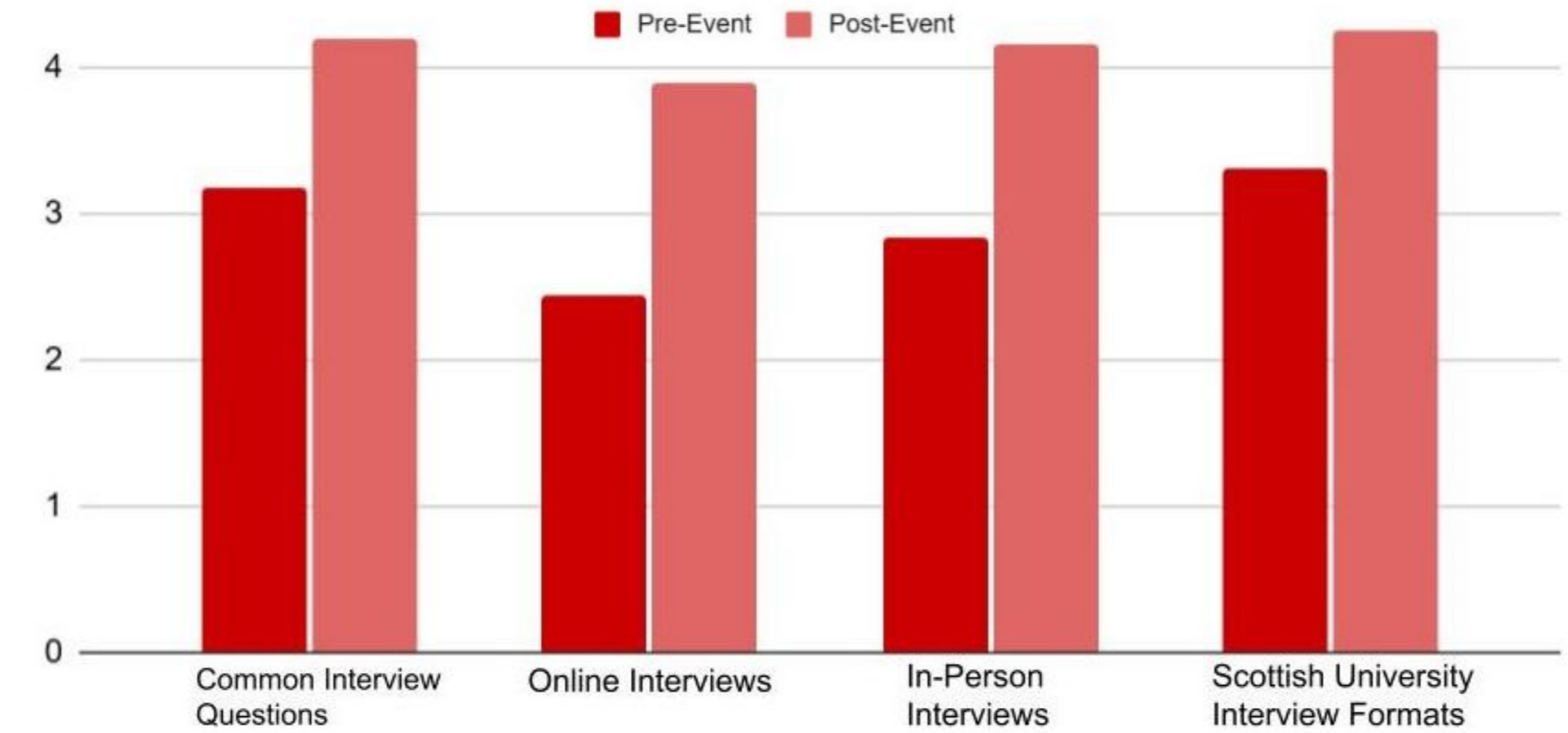


Figure 2. Mean Likert scores on pre- and post-event surveys for Information Evening presentations.

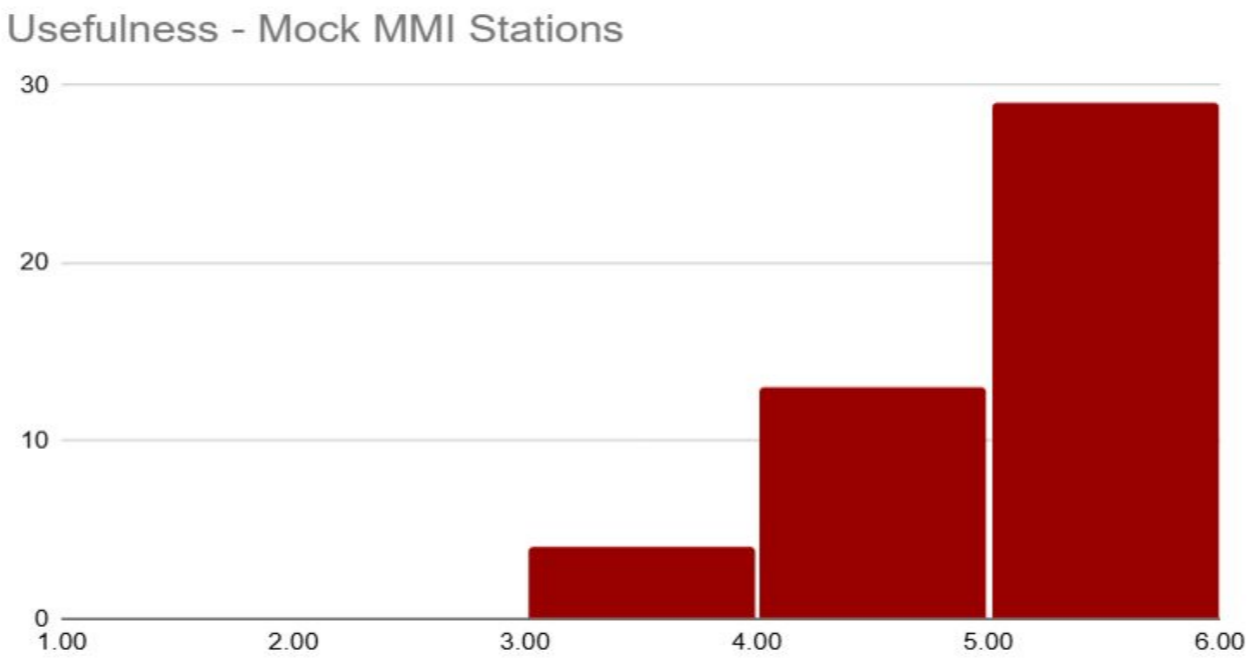


Figure 3. Likert score distribution for perceived usefulness of Mock MMI stations.

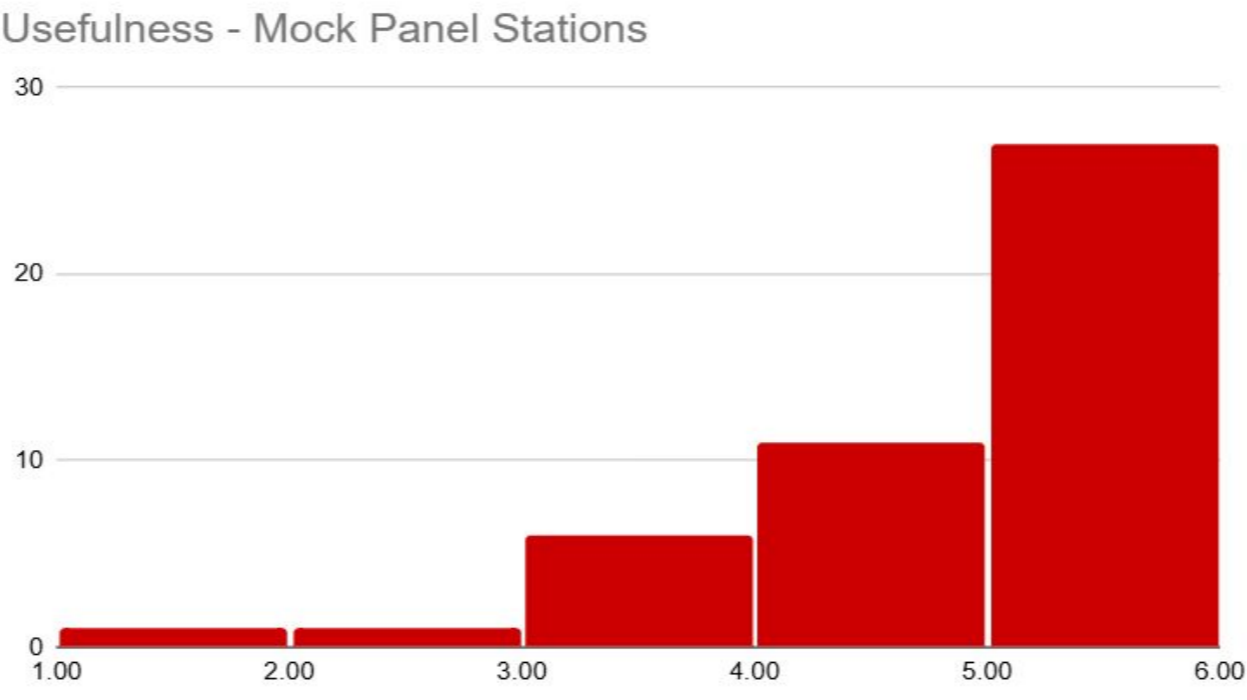


Figure 4. Likert score distribution for perceived usefulness of Mock Panel stations.

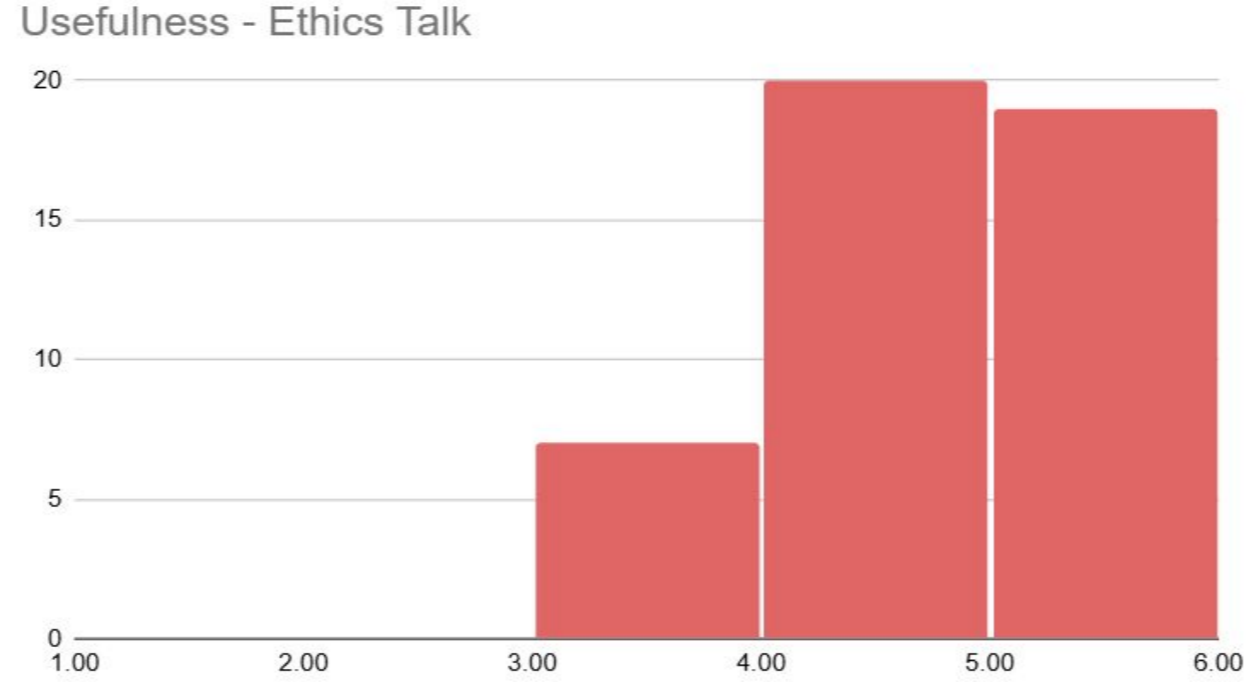
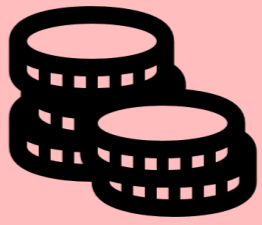


Figure 5. Likert score distribution for perceived usefulness of Ethics Talk.

Conclusions



We were able to deliver a free volunteer-led event. Delivering online and in-person components of this programme helped more pupils access the presentations.



Pupils found the events useful and felt the personalised feedback in their mock interview stations to be very helpful in continuing their preparations for interviews.



Applicants gave positive feedback about the interactive structure of the ethics talk, which had discussion questions embedded, and liked having the opportunity to hear other pupils' thoughts.



Pupils' interest in discussions of medical ethics could be supported with the addition of a mock interview station on ethical scenarios.



We will aim to increase capacity at in-person events in the next year while continuing to support our medical student volunteers. The ethics talk was a new addition to the programme in 2024, so we will continue to refine it for coming years.

Acknowledgements

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Contact Details

If you want to learn more about what Medic Insight Glasgow does, and how a similar programme could be set up at your organisation, please email the authors via:

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