

# Fife HSCP Care Home Liaison Nurse Team (CHLT): Supporting Care Home Staff Education Delivering Safe, Effective, Person Centered Practice across Fife.

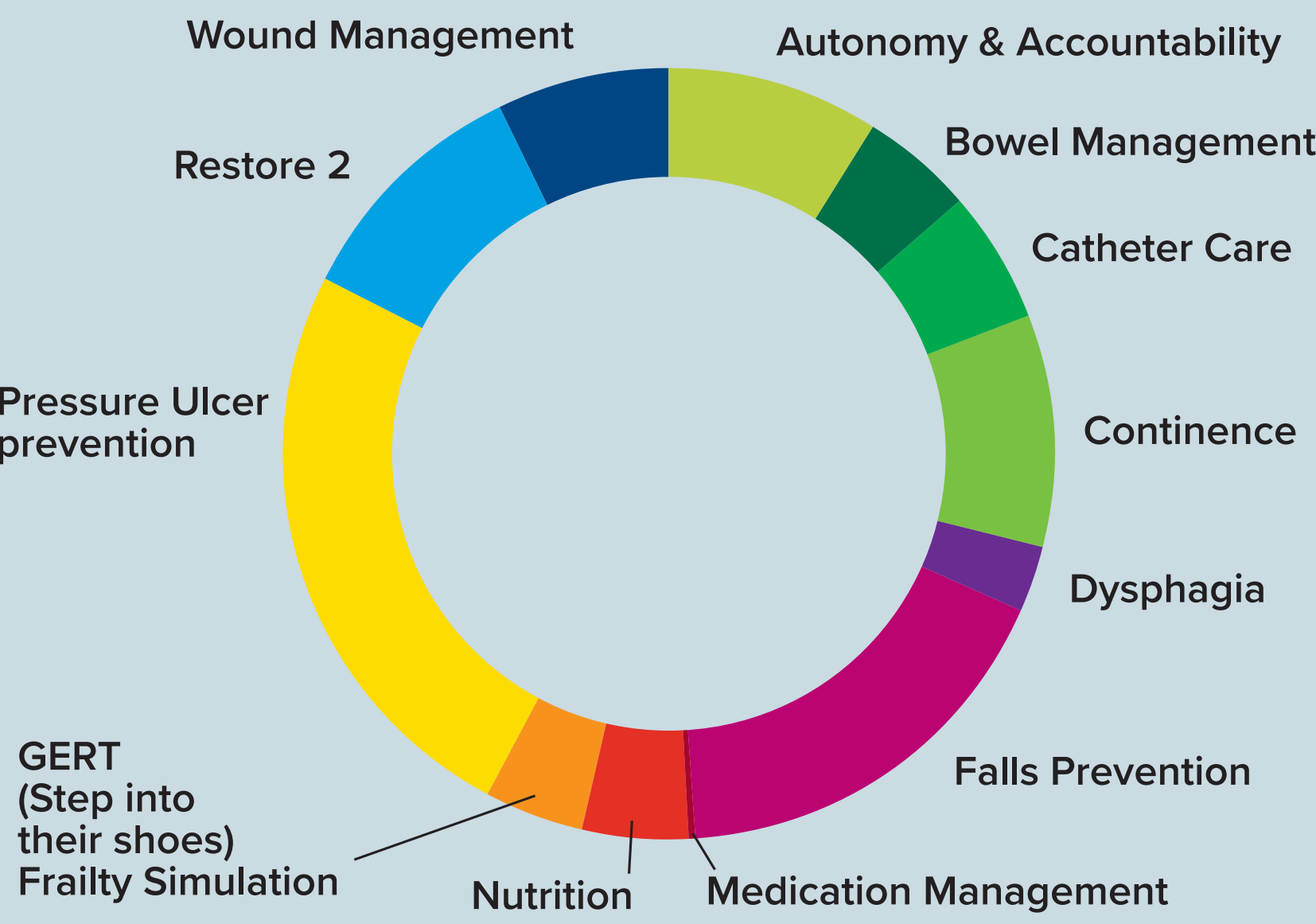
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The Fife HSCP Care Home Liaison Nurse Team (CHLT) provides support to 74 care homes across Fife. A key component of their role is delivering educational sessions on various critical topics tailored for care home staff. Recognising the importance of standardised and evidence-based education, the team has developed a suite of 14 comprehensive educational packages. These packages are delivered on-site within care homes, with CHLT healthcare support workers (HCSWs) providing cover to enable staff participation.

## Educational Sessions Overview (2022 - 2025)

The following attendance figures reflect the breadth of topics covered.

Sessions delivered between 2022 and 2025:



Total attendance of care home staff at education sessions - 1555

## Methodology

The CHLT designed each education package utilising mind maps to ensure alignment with national healthcare frameworks and best practice standards. Mixed methods data collection was employed, including pre- and post-session evaluations, to analyse the effectiveness of the training and to identify areas requiring further support and education.

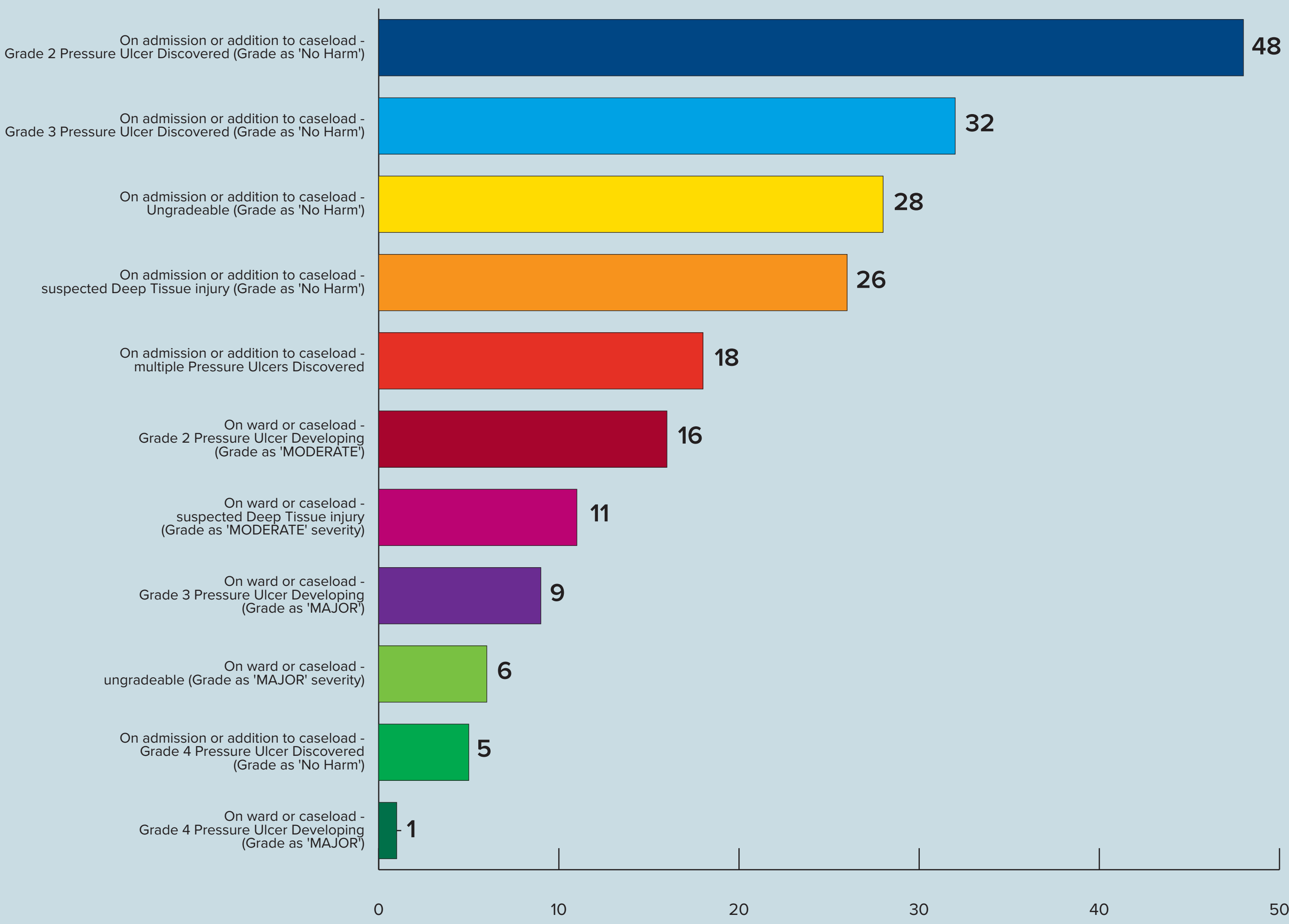
## Outcomes

The data analysis highlights increased knowledge and confidence among care staff in applying the training in practice. Feedback indicated a measurable reduction in incidents associated with the training topics, such as falls and pressure ulcers. Audits of person-centered care plans revealed improvements in care delivery and documentation quality. The team also implemented practical, hands-on follow-up support, including observational and shadow shifts, to reinforce the application of learning.

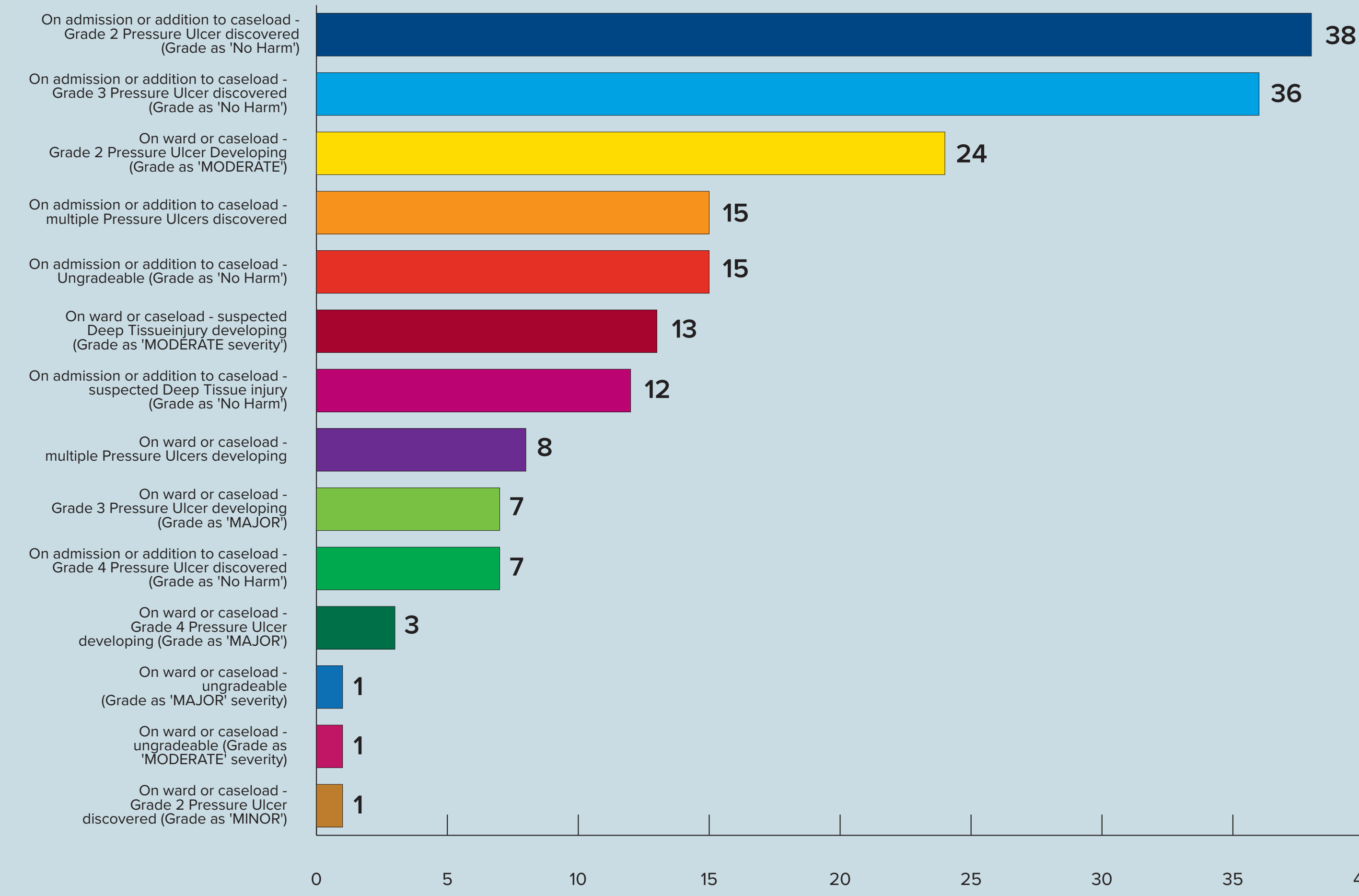
## Impact

The educational interventions have been associated with improved outcomes for care home residents, supported by evidence of a downward trend in pressure ulcer occurrences: This trend underscores the effectiveness of the training in raising awareness and promoting person-centered care practices. Notably, 22 care homes reported reductions in pressure ulcer incidences, with 11 homes reporting no increase in cases.

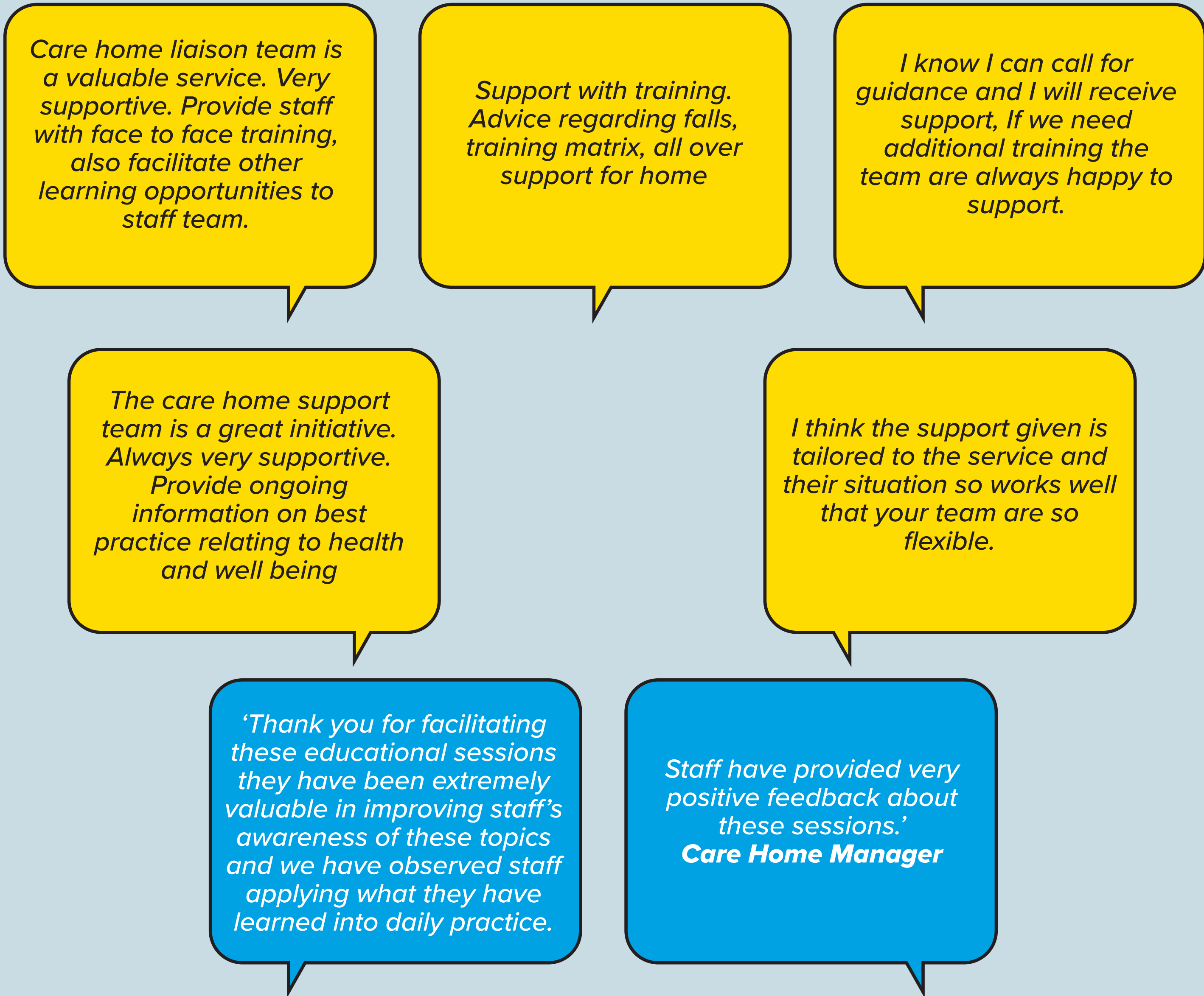
## Incidents by Sub-category 2023



## Incidents by Sub-category 2024



## Example of care home provider feedback



## Feedback

The program has garnered positive responses from care home staff, attendees, and managers. Participants frequently reported increased confidence and competence in practical application, with sentiments shown in the yellow speech balloons. Care home managers have similarly praised the initiative, noting improvements in staff engagement, documentation accuracy, and proactive reporting of concerns (blue speech balloons).

## Care Home Support and Improvement

### The Role of the CHLT in Enhancing Standards

During the period from October 2023 to October 2024, the Care Home Support Team (CCHST) provided intensive support to 15 care homes across Fife. This support encompassed a range of interventions, including observational and supportive shifts by Care Home Liaison Nurses (CHLNs), educational initiatives, mutual aid shifts by CH Healthcare Support Workers (HCSWs), leadership guidance, and referrals to relevant services. Interactions and assistance were provided on at least a weekly basis to address identified challenges and foster improvements.

## Impact on Care Inspectorate Grades

The intervention yielded measurable improvements in Care Inspectorate (CI) grades across the supported care homes:

### Overall grade improvements:

- One care home progressed from Grade 1 to Grade 3
- One care home progressed from Grade 2 to Grade 3
- One care home progressed from Grade 3 to Grade 4

### Key Questions Improvements:

Nine care homes demonstrated enhanced performance in one or more Care Inspectorate Key Questions.

## Approach and Continuing Engagement

The Collaborative Care Home Support Team emphasised ongoing collaboration and responsiveness to the needs of care homes. Through regular, day-to-day engagement, the team maintained open communication with local providers. This approach ensured targeted support based on emergent priorities and encouraged sustainable improvements in care delivery and operational standards.

## Conclusion

The CHLT education initiative demonstrates the profound impact of delivering evidence-based, standardised training within care homes. By addressing logistical barriers to staff participation and providing practical support, the initiative has significantly enhanced the quality of care provided to residents. Staffs who receive education and support are better equipped to implement evidence-based practices, ultimately improving outcomes for care home residents in Fife.