Solihull Approach 2-day **Foundation Training**

Infant Mental Health Online course (Warwick University IMHOL)

Infant-Parent Interventions

Specialist Mother & Baby Unit

Interventions could include:

- Video Interaction Guidance
- Circle of Security Parenting
- Child-Parent Psychotherapy

NES Essential Perinatal and Infant Mental Health Online Modules

Specialist Community Team

Interventions could include:

- Video Interaction Guidance
- Circle of Security Parenting
- Child-Parent Psychotherapy
- Mellow Parenting

Primary Care/Community

Interventions could include:

- Circle of Security Parenting
- Solihull Approach Parenting Group
- Peep Antenatal Parenting Programme & Peep Learning Together Programme

Scottish Psychological Trauma Training Plan

Connecting with Parents' Motivations

Solihull Approach Online

Solihull Approach **Foundations Train** the Trainer

Solihull Approach Advanced module 'Understanding Trauma'

Solihull Approach Foundations Antenatal Training

MSc in Psychoanalytic Observation & Reflective Practice: Therapeutic

Work with Children & Young People (delivered by Human Development Scotland)