

# Essentials in Psychological Care – Dementia Level 2 Training for Trainers Programme

## **SAVE THE DATE – Essentials in Psychological Care – Dementia TFT**

Further information regarding how to apply for this workshop and a link to the application form will follow

### **Workshop 1 – Face to Face Delivery**

Date: 13<sup>th</sup> and 14<sup>th</sup> September 2023

Time: 09.15 to 16.30 (both days)

Venue: NES Office, 2 Central Quay, Hydepark Street, Glasgow

### **Workshop 2 – Face to Face Delivery**

Date: 31<sup>st</sup> January and 1<sup>st</sup> February 2024

Time: 09.15 to 16.30 (both days)

Venue: NES Office, 102 Westport, Edinburgh

### **Purpose of the workshop:**

This Level 2 Training for Trainers workshop will support practitioners to develop the knowledge, skills, and competencies to deliver Level 1 Essentials in Psychological Care – Dementia Practitioner Training in health and social care services across Scotland. The Level 1 programme was designed to support staff working at the Dementia Skilled Practice level of the Promoting Excellence Framework to deliver psychologically informed care and interventions to minimise common causes of distressed behaviour. Through the delivery of high-quality training for the Dementia Skilled workforce, outcomes for people living with dementia, their families, and carers can be improved.

### **Aims of the workshop:**

- Refresh knowledge of the Level 1 Practitioner Training Programme.
- Develop and enhance skills for facilitating the delivery of the Level 1 Practitioner Training Programme.
- Increase knowledge regarding implementation science and how to support new practitioners to use the Essentials in Psychological Care – Dementia approach in practice.

### **Who should attend this workshop:**

This workshop is aligned to the Enhanced and Expertise levels within the Promoting Excellence Framework. For applications to be considered, practitioners must:

- Have completed the Dementia Skilled Improving Practice learning resource, or equivalent.
- Have attended a local delivery of Essentials in Psychological Care – Dementia Level 1 Practitioner Training (1 day) and have completed the associated Essentials logbook.
- Have a job role in services for people living with dementia, including Community Mental Health Services, Young Onset Dementia Services, Inpatient Services, or Social Care Services.

**Please note, to qualify as a trainer, attendees will also be required to attend two mandatory follow up coaching masterclasses within 18 months of attending the Training for Trainers workshop**

### **Trainers:**

- Dr Victoria Thomson, Head of Programme, NES Psychology & Psychological Interventions in Dementia
- Dr Suzanne Crooks, Principal Educator, NES Psychology & Psychological Interventions in Dementia