



Down's
Syndrome
Scotland

People with Down's syndrome Die 28 Years Earlier on Average than the General Population – This Needs to Change.

[Scottish Learning Disability Observatory](#)

We are Improving Health Outcomes of People with Down's syndrome through Targeted Training and Collaborative Learning

What we do

- Lunchtime Talk Series
- Expert-led teaching sessions with lived experience insight
- Annual Health Check (AHC) resources co-produced with NHS partners

Impact

- Stronger knowledge & confidence
- Improved AHC delivery
- Earlier identification of health needs
- Reduced diagnostic overshadowing
- More equitable, person-centred care



Listen to a [Podcast](#)
on [Annual Health](#)
[Checks](#)



[Health Check](#)
[Resources](#)

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