

**Working Health Services (WHS) provides a free, Tayside-wide service, on a self-referral basis.**

**If you are self-employed, or an employee of a small business (less than 250 employees), who suffers from a health condition, WHS offer support and early interventions.**

### **Eligibility Criteria**

- **Employed in a small to medium size enterprise (up to 250 employees nationally)**
- **Self-employed**
- **Absent from work due to ill health**
- **Suffering from a health problem that affects the ability to carry out duties in the workplace**

### **Services Offered**

- **Depending on the needs of the client they can be referred to a WHS physiotherapist or counsellor and be given an appointment within 10 working days following an assessment**
- **Case management support is given to clients throughout their time with the service and they may be sign posted or referred to other services identified by their case manager to provide additional support, such as the Occupational Therapy Service**
- **WHS counsellors offer face-to-face meetings, telephone and Near Me appointments**
- **Physiotherapy offers telephone appointments and face-to-face as required.**
- **Case management is available face-to-face or by telephone**

**Self-refer or find out more by calling 01382 496740**

**Employers and GPs can refer at [tay.whsdundee@nhs.scot](mailto:tay.whsdundee@nhs.scot) or by calling 01382 496740 (with the consent of the employee/client)**