

NES Trainee Health Psychology Programme Conference: Showcasing Trainees' Contribution to NHS Scotland Over 15 Years

Westport NES offices Edinburgh, Wednesday 15th November 2023



Programme

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#healthpsychologyscotland

9.30-10.00	Registration, coffee, networking	
10.00-10.10	Introduction and Welcome	Hannah Dale, NES
10.10-10.25	The history of the NES THP programme	Vivien Swanson, University of Stirling
10.25-10.40	NES THP programme updates	Hannah Dale & Ellen Jardine, NES
10.40-11.00	Standing on the shoulder of giants: The NHS England Health Psychology programme	Liz Jenkinson, NHS England
11.00-11.20	Coffee break and networking	
11.20-11.35	Experiences of being a clinical supervisor	Suzanne Roos & Imogen Johnson, NHS Orkney
11.35-11.50	Experiences of being a workplace supervisor	George Thom, NHS Tayside
11.50-12.05	MAP: making behaviour change theory practicable for other professions	Diane Dixon, Edinburgh Napier University & Michelle Clark, NES
12.05-12.20	How do we make our behaviour change interventions computer readable?	Marie Johnston, University of Aberdeen
12.20-1.00	Lunch and networking	
1.00-2.15	World café session (7 x presentations in small groups/online)	NES Trainee Health Psychologists
2.15-2.30	Coffee break and networking	
2.30-3.10	Keynote: Examining streaking as a technique to form habits for behaviour change	Stephan Dombrowski, University of New Brunswick
3.10-3.20	Comfort break	
3.20-3.35	Health Psychology in substance use services	Alyssa Lee, NHS Tayside
3.35-3.50	Health Psychology in diabetes	Emily Moffat, NHS Grampian
3.50-4.05	Health Psychology in dentistry	Dougie Marks, University of Glasgow
4.05-4.20	Health Psychology in a high secure hospital	Alison Eadie, NHS The State Hospital
4.20-4.35	Health psychology in pain management	Alison Morrow-Nicolson & Kimberley Chilcott, NHS Lothian
4.35-4.45	Summary and close	Hannah Dale, NES & Wendy Maltinsky, DHP-Scotland



To register for in-person or online attendance, please click here:
<https://forms.office.com/e/GVhNzBxCrP>



During the conference we will encourage you to move, hydrate and make use of our standing space at the back of the room