An Introduction to the Role of the Forensic Medical Examiner

This course is suitable for Doctors & Nurses who are interested in working in the Healthcare of People in Custody and in the Forensic Medicine Service in Scotland.

The course will include the following:
- An Introduction to the Role of the Forensic Physician
- Fitness for Interview (FFI)
- Personal safety
- Classification and recording of injuries/record keeping
- Road Traffic Offences
- Assessment of alcohol and drug intoxication/withdrawal including forensic and medical implications/driving whilst intoxicated with drink and drugs
- Fitness for Release (FFR)
- The Role of the Forensic Paediatrician & Child Protection Issues
- The Role of the Forensic Psychiatrist
- Mental Health & Suicide
- Sexual Assault - examination and management /law on sexual offences
- An introduction to victim examination and care of victims.
- The role of the Forensic Pathologist
- Fitness for Courtroom (FFC)
- Court Skills and Scottish Law

The course is in two parts and priority will be given to those who can attend both parts and who are committed to providing the service now or in the immediate future. The Course Organiser is Dr George Fernie supported by Dr John Crichton, Jess Evans and others.

Venue
The Scottish Police College, Tulliallan Castle, Kincardine, Fife FK10 4BE

Dates
23-24 March and 4-5 May 2013 (both parts to be attended)
Autumn 2013 and Spring 2014 TBC

Cost
£550 in total (includes both modules) however sponsorship may be available to those currently undertaking work for Health Boards to provide forensic Healthcare services for persons in custody

Course Organiser
Dr George Fernie
LLB MB ChB MPhil FFFLM FRCPGP
FRCP Edin DFM
President of Faculty of Forensic and Legal Medicine

Places available
24

For more information please email gp.unit@nes.scot.nhs.uk
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<td>Ophthalmology</td>
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## Course Calendar

### 2013

**MAY**
- **Monday 13**: Ophthalmology
- **Tuesday 28**: GP Accounts

**JUNE**
- **Monday 17**: Liver Disease
- **Tuesday 18**: Neurology

**AUGUST**
- **Wednesday 21**: Musculoskeletal Medicine
- **Wednesday 21**: Things GPs Should Really Know

**SEPTEMBER**
- **Thursday 5**: Vascular Risk
- **Tuesday 10**: ENT in Primary Care
- **Friday 27**: Results: What to do Next Part 1

**OCTOBER**
- **Friday 4**: Things GPs Should Really Know
- **Wednesday 9**: Joint Injections
- **Friday 25**: Care of the Care Home

**NOVEMBER**
- **Thursday 7**: Epilepsy Education
- **Wednesday 13**: Asthma and COPD Update
- **Friday 15**: Cardiology
- **Friday 29**: Mindfulness for GPs

**DECEMBER**
- **Wednesday 4**: Investigating Investigations
- **Thursday 5**: Working with Drug Users 1
- **Friday 6**: Working with Drug Users 2

### 2014

**JANUARY**
- **Thursday 16**: Arthritis
- **Wednesday 28**: Renal Medicine

**FEBRUARY**
- **Thursday 6**: Care of the Elderly/End of Life Care
- **Wed 26**: Paediatrics in Primary Care

**MARCH**
- **Wednesday 12**: Gynaecology Update
- **Friday 21**: Palliative Medicine
- **Friday 28**: Results: What to do Next Part 2
Foreword
By Dr Ed Russell-Smith

Welcome to “The Lister at Westport 102” Primary Care course programme.

The postgraduate department moved from Hill Square to plush new accommodation at Westport, just up from the Grassmarket. Moving physically to comfortable facilities, and moving virtually online with the Portal, we strive to meet the educational needs of modern general practice. Our aim is to achieve your expectations of excellence.

Our courses constantly develop, using valuable feedback & suggestions from delegates. The programme is fresh and relevant. We encourage personal learning objectives and time to reflect on outcomes.

We are delighted to announce that course fees are being held unchanged for a further academic year. Online facilities have been improved: you can book and pay for your courses, read more details including programmes, download e-versions of paperwork, and send evaluation. Many speakers upload their presentations on the Portal. New evaluation will use Questback, which will be accessible via smartphones and iPads.

The programme has been refined, yet continues popular classics such as Ophthalmology and “Working with Drug Users”. You will also find new tailor-made courses, including: Liver Disease, Vascular Risk, Epilepsy Education, and Paediatrics. “Results –what to do next” has been expanded into two separate new entities.

The very popular and practical course on Joint Injections will feature again.

The brochure will whet your appetite. Help yourself to what you need. Take something purely for pleasure; refresh and energise yourself. Consolidate knowledge or train more advanced skills.

To read course descriptions & learning outcomes please visit www.portal.scot.nhs.uk

Thank you for your interest in “The Lister at Westport” Primary Care course programme. We are committed to serve you and your patients with independent expert training.

Feedback

“Speakers were passionate and expert. I had total confidence in their skills and knowledge. They were respectful towards GP.”

“Unorganised course. Speakers very passionate about the work they do with such patients.”

“Having service users present was very useful and getting their opinions and ideas on what they found useful when coming into contact with professionals.”

“Concise, well-presented course with plenty of opportunity to ask specific questions.”

“Weak. Well directed at GPs with a few images as well for interest.”

“A very useful reminder of skills taught long ago.”

“Generally an excellent refresher course in ENT.”

“Perfect. Well directed at GPs with a few images as well for interest.”

“Concise, well-presented course with plenty of opportunity to ask specific questions.”

“Great examination practice and chance to chat to physios informally.”

“Practical examination very clear and well taught. Really found the four stage approach very helpful. Came away able to remember it.”

“I had total confidence in their skills and knowledge. They were respectful towards GP.”

“Comprehensive symptom control was very helpful and the talk about spiritual issues was fascinating.”

“I thought it was very well organised and I liked the way most of the major topics in palliative care were dealt with in using the 2 cases.”

“Half-day course ideal, subject content relevant and useful.”

“Really useful to have all these subject areas addressed as these are key areas of weakness, ENT talk, especially dizziness bit, was really useful.”

“Offers GPs Should Really Know.”

“Really useful to have all these subject areas addressed as these are key areas of weakness, ENT talk, especially dizziness bit, was really useful.”

“Offers GPs Should Really Know.”
Arthritis

DATES
Thursday 16 January 2014
TIME
09:00 – 13:00 (Half Day AM)
VENUE
Westport 102
FEE
£80
TARGET GROUP
GPs
SUGGESTED CPD POINTS
4
COURSE ORGANISER
Dr Euan McRorie, Consultant Rheumatologist

Aches & pains and swollen joints abound in our daily work, rheumatoid disease features frequently. This course gives a basic guide to the initial assessment, investigation and management of Rheumatoid Arthritis. Presented by Arthritis Care Scotland, you will learn the thresholds for referral, indications for urgent intervention, and what laboratory investigations and imaging procedures are useful. Patient perspective and experience by a person living with RA will focus around the positive and practical support required to confidently manage their condition, with positive examples how GPs can help.

Cardiology

DATES
Friday 15 November 2013
TIME
09.00 – 17.00 (Full Day)
VENUE
Westport 102
FEE
£160
TARGET GROUP
GPs, Practice Nurses
SUGGESTED CPD POINTS
7
COURSE ORGANISER
Dr Ninian Hewitt, Clinical Lead, Lothian Respiratory MCN

An essential update providing you with specialist, evidence-based knowledge. The course will focus on the management of patients with a range of cardiological conditions in primary care and across the interface with secondary care.

Asthma and COPD Update

DATES
Wednesday 13 November 2013
TIME
09.00 – 17.00 (Full Day)
VENUE
Westport 102
FEE
£160
TARGET GROUP
GPs, Practice Nurses
SUGGESTED CPD POINTS
7
COURSE ORGANISER
Dr Ninian Hewitt, Clinical Lead, Lothian Respiratory MCN

The Primary Care caseload is filled with respiratory illness. This course focuses on asthma and COPD. Basic overview of diagnosis, investigation and treatment is followed by advice on the optimum follow-up and review process. Ample opportunity for open questions to our expert faculty. This course aspires to improve our patient care, including paediatrics, with a nod towards contract requirements.

Care of the Care Home

DATES
Friday 25 October 2013
TIME
09.00 – 13.00 (Half Day AM)
VENUE
Westport 102
FEE
£80.00
TARGET GROUP
GPs, Practice Nurses, Practice Managers
SUGGESTED CPD POINTS
4
COURSE ORGANISER
Dr Gillian Galloway, GP

The residents of Care Homes need a different approach towards their care with changed priorities and complex demands on General Practices. During this half day, specialists in MoE, Psychogeriatrics and Palliation will address the most important aspects for Care Home residents, including prescribing (or not), palliation and dementia. This course will be pragmatic, sensible and interactive.

Administrator: liz.phillips@nes.scot.nhs.uk T: 0131 656 3487
Administrator: imogen.gibson@nes.scot.nhs.uk T: 0131 656 3474
An exponentially growing number of frail, elderly patients are now being cared for in the community by General Practice. They frequently have complex medical issues and need a holistic and individual approach to their care. They cannot be ignored and we all need to maximise our skills in caring for them. A chance to reflect upon best practice and “end of life care” - when to investigate, when to medicate and when to leave alone.

ENT in Primary Care

<table>
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<tr>
<th>DATES</th>
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<tr>
<td>TIME</td>
<td>09.00 – 17.00 (Full Day)</td>
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<td>VENUE</td>
<td>Westport 102</td>
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<td>FEE</td>
<td>£160</td>
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<tr>
<td>TARGET GROUP</td>
<td>GPs, Practice Nurses, ENT Practice Nurses</td>
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<tr>
<td>SUGGESTED CPD POINTS</td>
<td>7</td>
</tr>
<tr>
<td>COURSE ORGANISER</td>
<td>Mr David Sim, Consultant ENT Surgeon, NHS Lothian</td>
</tr>
</tbody>
</table>

This interactive workshop will provide delegates with a greater understanding of the definition, diagnosis and treatment of epilepsy. Seizures can range from subtle to status; different seizure types will be discussed using case based video content. Delegates will learn how different health professionals can provide a more holistic approach to the care of those affected by the condition. There will also be discussion around the QOF Clinical Indicators for Epilepsy and a framework for an Epilepsy Annual Review in Primary Care in line with SIGN guidelines.

GP Accounts

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<tr>
<td>VENUE</td>
<td>Westport 102</td>
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<tr>
<td>FEE</td>
<td>£80</td>
</tr>
<tr>
<td>TARGET GROUP</td>
<td>GPs, Practice Managers, Practice Nurses</td>
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<tr>
<td>SUGGESTED CPD POINTS</td>
<td>4</td>
</tr>
<tr>
<td>COURSE ORGANISER</td>
<td>Pauline Hogg and Linda Nelson, Condies Solicitors</td>
</tr>
</tbody>
</table>

This half day workshop will include: financial tips and tools to maximise earnings in 2013-14; how to keep partners' current account balances in line; calculating partners drawings; update on superannuation and seniority; and open forum for discussion and course appraisal.
### Gynaecology Update

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Venue</th>
<th>Fee</th>
<th>Target Group</th>
<th>CPD Points</th>
<th>Course Organiser</th>
</tr>
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<tbody>
<tr>
<td>12 March 2014</td>
<td>09.00 – 17.00</td>
<td>Westport 102</td>
<td>£160</td>
<td>GPs</td>
<td>7</td>
<td>Dr Helen Kettle, GP</td>
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</tbody>
</table>

This course is suitable for all GPs interested in a general update of women’s health issues. A range of topics is covered. Talks are given by specialists in the field about current investigations and treatments, along with group discussion time. An essential, interesting and relevant update.

### Investigating Investigations

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Venue</th>
<th>Fee</th>
<th>Target Group</th>
<th>CPD Points</th>
<th>Course Organiser</th>
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</thead>
<tbody>
<tr>
<td>4 December 2013</td>
<td>09.00 – 13.00</td>
<td>Westport 102</td>
<td>£80</td>
<td>GPs</td>
<td>4</td>
<td>Dr Ed Russell-Smith, GP</td>
</tr>
</tbody>
</table>

Which investigation helps, what question is being asked, how should we use our investigative tools to the best effect? On this new course, find out about the useful and useless radiological investigations. What other imaging can be done, what is the access to higher tests and why should GPs work closely with radiology? This course will ‘flesh out’ the skeleton, guiding you to use x-rays and ultrasound to the benefit of your patients, your practice and your local provider.

### Joint Injections

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Venue</th>
<th>Fee</th>
<th>Target Group</th>
<th>CPD Points</th>
<th>Course Organiser</th>
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<tbody>
<tr>
<td>9 October 2013</td>
<td>09.00 – 13.30</td>
<td>Westport 102</td>
<td>£80</td>
<td>GPs</td>
<td>4</td>
<td>Dr Helen Harris, GP</td>
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</table>

This popular workshop begins with diagnosis, moves to the indications for joint injection and completes with practical demonstrations. You will learn the common pathologies, causing joint pain at the shoulder, elbow and knee. You will understand the indications for steroid and hyaluronic acid joint injections. You will practice and develop hands-on skills to inject joints using realistic models. Inject confidence into another practical skill.

### Liver Disease

<table>
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<tr>
<th>Dates</th>
<th>Time</th>
<th>Venue</th>
<th>Fee</th>
<th>Target Group</th>
<th>CPD Points</th>
<th>Course Organiser</th>
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<tr>
<td>17 June 2013</td>
<td>13.00 – 17.00</td>
<td>Westport 102</td>
<td>£80</td>
<td>GPs</td>
<td>4</td>
<td>Dr Andrew Bathgate, GP</td>
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</table>

Are you bemused by which LFT indicates what? Do you manage mild abnormalities in LFTs? Liver disease is the fifth commonest cause of death in the UK - the only major cause of death increasing year on year. Starting with basic reminders, this course provides theoretical and practical knowledge of liver diseases, the investigations available in Primary Care, treatments and thresholds for specialist referral.

You will understand how to interpret liver function tests, when to investigate, and when to consider referral. You will confidently identify patients with chronic liver disease, including non alcoholic fatty liver disease, viral hepatitis, and cirrhosis. Led by experts from the Liver Unit.
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<th><strong>Neurology</strong></th>
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<td><strong>DATES</strong></td>
<td><strong>DATES</strong></td>
<td><strong>DATES</strong></td>
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<tr>
<td>Friday 29 November 2013</td>
<td>Monday 13 May 2013</td>
<td>Tuesday 18 June 2013</td>
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<tr>
<td><strong>TIME</strong></td>
<td>09.00 – 17.00 (Full Day)</td>
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<td>Westport 102</td>
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<tr>
<td><strong>FEE</strong></td>
<td>£160</td>
<td>£80</td>
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<tr>
<td><strong>TARGET GROUP</strong></td>
<td>GPs, Practice Nurses, Practice Managers</td>
<td>GPs</td>
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<tr>
<td><strong>SUGGESTED CDP POINTS</strong></td>
<td>7</td>
<td>4</td>
</tr>
<tr>
<td><strong>COURSE ORGANISER</strong></td>
<td>Dr Michelle Jeffrey, Sports and Exercise Physician</td>
<td>Prof Richard Knight, Consultant Neurologist</td>
</tr>
</tbody>
</table>

Mindfulness is one of the recommended non-pharmacological therapies for recurring depression, the reduction of stress, anxiety, fatigue and psychological problems associated with adjustment to illness. This day is an introduction to Mindfulness, for you as a private and professional individual. Put aside thoughts about providing for your patients and allow yourself to focus on your own needs. All we ask is that you bring your curiosity and a yoga mat.

Led by experts from the Neurosciences Department in Edinburgh, this is a very practical focused workshop, which is relatively informal with the precise content being determined partly by the delegates and discussions on the day. Starting with history and examination when time is short, it will be as interactive as possible, with practical demonstrations and involvement. The emphasis is on interactive discussion with concentration on practical clinical aspects rather than on diseases or technicians.

If you feel bewildered about eyes, it is possibly due to your limited learning about eyes. This course will show you how to take a specific history and perform a basic eye examination. Other topics will include red eyes and visual loss, specialty presentations x 2 eg paediatric ophthalmology etc, quiz and top tips at the end.

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**Administrator:** imogen.gibson@nes.scot.nhs.uk  |  T: 0131 656 3474

**Administrator:** liz.phillips@nes.scot.nhs.uk  |  T: 0131 656 3487
Results - What to do Next

Part 1: Haem & Biochem

DATES
Wednesday 26 and Thursday 27 February 2014

TIME
09.00 – 17.00 (2 Full Days)

VENUE
Westport 102

FEE
£320

TARGET GROUP
GPs

SUGGESTED CPD POINTS
14

COURSE ORGANISER
Dr Paul Leonard, Consultant in Emergency Medicine

So, you are ploughing through Docman, checking laboratory results, and pondering on the abnormalities. What do you do next? During this course, specialists will help you understand the test, the result, and the response. Due to popularity and requests, this half-day focuses on Haematology and Biochemistry. Starting from basics like different blood cells, electrolytes and definitions used in reporting, you will understand the report. Covering anaemia, high ESR, hyponatraemia, hyperkalaemia and lipids, this subject is very relevant to all GPs.

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Paediatrics in Primary Care

Paediatrics in Primary Care

Children represent a large part of the Primary Care workload, yet many GPs have limited training and experience in the field. Starting with how to assess a baby and child, this course addresses commonly presenting illnesses in addition to ‘Recognising the Sick Child’. Specifics will include asthma and respiratory diseases, ENT complaints, eczema, GI upsets and intolerance, common neurology, child protection issues and the limping child.

DATES
Wednesday 21 March 2014

TIME
09.00 – 17.00 (Full Day)

VENUE
St Columba’s Hospice

FEE
£160

TARGET GROUP
GPs

SUGGESTED CPD POINTS
7

COURSE ORGANISER
Dr Duncan Brown, Consultant in Palliative Medicine

Based at St Columba’s Hospice, this course includes talks and informal sessions on the management of pain, nausea, other common physical symptoms, psychological/spiritual distress and the management of end of life care planning. Places are limited and the course becomes fully subscribed very quickly.

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Renal Medicine

Renal Medicine

Strategies for identifying and monitoring chronic kidney disease (CKD) in the adult population have been developed because of the importance of CKD as a risk factor for cardiovascular disease and to help prevent progression of CKD to end stage. The course will help you identify which patients need to be referred for specialist investigation and treatment and discuss what primary care can do to help prevent progression.

DATES
Friday 29 January 2014

TIME
13.00 – 17.00 (Half Day PM)

VENUE
Westport 102

FEE
£80

TARGET GROUP
GPs, Practice Nurses

SUGGESTED CPD POINTS
4

COURSE ORGANISER
Dr Caroline Whitworth, Clinical Lead, Renal Services

Based at St Columba’s Hospice, this course includes talks and informal sessions on the management of pain, nausea, other common physical symptoms, psychological/spiritual distress and the management of end of life care planning. Places are limited and the course becomes fully subscribed very quickly.

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Palliative Medicine

Palliative Medicine

So, you are ploughing through Docman, checking laboratory results, and pondering on the abnormalities. What do you do next? During this course, specialists will help you understand the test, the result, and the response. Due to popularity and requests, this half-day focuses on Haematology and Biochemistry. Starting from basics like different blood cells, electrolytes and definitions used in reporting, you will understand the report. Covering anaemia, high ESR, hypoprotinaemia, hyperkalaemia and lipids, this subject is very relevant to all GPs.

Dates: Friday 27 September 2013

Time: 09.00 – 13.00 (Half Day AM)

Venue: Westport 102

Fee: £80

Target Group: GPs, Practice Nurses

Suggested CPD Points: 4

Course Organiser: Dr Ed Russell-Smith, GP

So, you are ploughing through Docman, checking laboratory results, and pondering on the abnormalities. What do you do next? During this course, specialists will help you understand the test, the result, and the response. Due to popularity and requests, this half-day focuses on Haematology and Biochemistry. Starting from basics like different blood cells, electrolytes and definitions used in reporting, you will understand the report. Covering anaemia, high ESR, hypoprotinaemia, hyperkalaemia and lipids, this subject is very relevant to all GPs.

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Administrator: imogen.gibson@nes.scot.nhs.uk, T: 0131 656 3474
Things GPs Should Really Know

Onwards, you are still ploughing through Docman, checking laboratory results, and pondering on more abnormalities. What do you do next? During this course, specialist physicians will help you understand the test, the result, and the response. Due to popularity and specific request, this half-day focuses on several Viscera. Starting from the basic function of liver, thyroid and pancreas, you will understand what is being tested and how organs go wrong. Focusing on abnormal LFTs, TFTs and glucose results, this subject is extremely relevant to every GP.

Cardiovascular disease is the main cause of premature death in the UK. Many of our patients are blissfully unaware of their imminent demise, and many doctors feel impotent faced with the burden of assessing & managing vascular risk. This brand new course starts with aspects of primary prevention & assessment; moving through the main areas of IHD, PVD & aortic aneurysm, stroke & TIA, renal & inflammatory diseases; and finishing with physical exercise motivation. With a faculty of Specialist GP, cardiologist, vascular surgeon, neurologist, renal physician, and ultra-athlete GP, there will be blood, sweat but no tears.

Vascular Risk

Onwards, you are still ploughing through Docman, checking laboratory results, and pondering on more abnormalities. What do you do next? During this course, specialist physicians will help you understand the test, the result, and the response. Due to popularity and specific request, this half-day focuses on several Viscera. Starting from the basic function of liver, thyroid and pancreas, you will understand what is being tested and how organs go wrong. Focusing on abnormal LFTs, TFTs and glucose results, this subject is extremely relevant to every GP.

Cardiovascular disease is the main cause of premature death in the UK. Many of our patients are blissfully unaware of their imminent demise, and many doctors feel impotent faced with the burden of assessing & managing vascular risk. This brand new course starts with aspects of primary prevention & assessment; moving through the main areas of IHD, PVD & aortic aneurysm, stroke & TIA, renal & inflammatory diseases; and finishing with physical exercise motivation. With a faculty of Specialist GP, cardiologist, vascular surgeon, neurologist, renal physician, and ultra-athlete GP, there will be blood, sweat but no tears.

Working with Drug Users

An introduction to working with drug users in primary care, focusing on assessment, prescribing, Blood Borne Viruses and working with families affected by parental drug use. The day is approved by the RCGP Scotland as equivalent course work component of Part 1 and RCGP Certificate in the Management of Drug Misuse in Primary Care.
Working with Drug Users

Part 2

DATES
Friday 6 December 2013

TIME
09.00 – 17.00 (Full Day)

VENUE
Westport 102

FEE
£160

TARGET GROUP
GPs

SUGGESTED CPD POINTS
7

COURSE ORGANISER
Dr David Ewart,
Primary Care Facilitator

This day follows on from Part 1 but delegates can opt to attend only one or other day. Part 2 focuses on managing some of the more complex aspects of caring for drug users in primary care including dental health, sexual health, pregnancy, ‘street’ drugs, detox, psychological interventions and relapse prevention. It ends with input from the recovery community.

Administrator: imogen.gibson@nes.scot.nhs.uk T: 0131 656 3474

www.portal.scot.nhs.uk

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www.portal.scot.nhs.uk

Visitor information

NHS Education for Scotland
1st Floor, Westport 102,
West Port, Edinburgh EH3 9DN
T: 0131 656 3200

Proximity to Train Stations
0.7 mile to Haymarket Train Station (approximately a 15 minute walk).
0.8 mile from Waverley Station (approximately a 20 to 25 minute walk).

Bus Links
Good bus route links (no 2, 12, 23, 27, 35 45. Numbers 1, 10, 11, 15A, 16, 24 and 34 at Lothian Road to name but a few)
The link to the Lothian Buses route map is:

Walking
The property is approximately a 5 minute walk to Lothian Road.

Car
Westport102 has no car parking for visitors. However, disabled car drivers can check with reception the day before to see if limited spaces are available. There is limited metre parking in surrounding area. There is an NCP car park a few minutes away on Castle Terrace.

Bicycle
Westport102 has parking for bicycles in the basement. Please go to main reception to request entry.
Paying for your course on Portal

Portal is a web (internet) based system. All delegates will have to register, creating an account before they can “purchase” a place on a course using our secure payment gateway facility. Creating an account only takes a couple of minutes. You will then be able to book all SE Region courses through the Portal, and your account will keep a record of all the courses you have attended, your certificates, course documentation and handouts, receipts etc.

Please follow the two step process

Step 1 – Set Up a Portal Account
- Go to www.portal.scot.nhs.uk
- Click on the Sign Up button to Create your Account
- Complete all fields
- Add your GMC number to the Registration No field and click the Verify button
- Choose a password
- Click the Create Account button

An email will be sent to your email address asking you to verify your account by clicking on the link.

Step 2 – Make Your Payment
- Log into Portal with your email address and password
- Go to iBooklet menu
- Click on Classroom Courses
- In Course Topic select Primary Care
- In Region select South East
- In Search box click on Search Courses button
- A list of all SE region Primary Care courses will be displayed
- Choose your course and click on Course Information
- Click on Add to Basket
- In iBooklet Menu click on View Basket
- Click on Complete Bookings and follow the booking process

Handy Tips

Accessing Portal
To access the Portal, you can either go via www.nes.scot.nhs.uk or go directly to www.portal.scot.nhs.uk. Although Mozilla Firefox is the recommended browser, the system will work using IE6.

Pay the bill
You can pay the course fee yourself. However, a new addition to the Portal is the Bill Payers function. This will allow you to book onto a course, but then send the “bill” to, for example, your Practice Manager for payment. We have sent details of this new function to all SE Region Practice Managers.

Help
We have Guidance Notes available for using the Portal. Please contact course administrators or you can find them on the website at www.nes.scot.nhs.uk
Revalidation assures patients that all licensed doctors, every five years, meet the principles and values set out in the GMC’s Good Medical Practice. During annual appraisal, practice and performance is discussed with appraisers and is substantiated by strong evidence. The local Appraisal team confirms engagement with appraisal to the Responsible Officers, who make a recommendation to the GMC.

The supporting evidence should reflect current practice, performance and educational needs. Doctors must maintain a portfolio, collected and reflected on the following:

(a) **Continuous Professional Development**, 50 credits per year.
(b) **Quality Improvement Activity** such as audit, case review / discussion, or review of clinical outcomes. This can also include MSF or patient questionnaire, QOF QP, Prescribing data, review of referrals, etc.
(c) **Significant Event Analyses**, two per year
(d) **Multisource Feedback**, every five years. See the online MSF at SOAR (Scottish Appraisal website).
(e) **Patient Questionnaire** - the CARE questionnaire is best.
(f) **Review of complaints and compliments**

The RCGP Credit-based CPD is a simple and easy to use system. Designed to move beyond ‘hours = credits’, doctors need to record learning relevant to specific needs, reflect on the learning outcomes, and demonstrate impact for a doubling of credits. Basic certification of time spent is not adequate to claim credit. A broad range of learning should be covered in 250 credits over five years. Over a revalidation cycle, the pattern of credits should reflect the working life of the doctor.

In essence, one hour of education accompanied by a reflective record is one learning credit. If that learning is implemented in practice with positive benefit for patients, the doctor or the practice, then the doctor can claim two learning credits for each hour of such education. Credits are self-assessed and verified at appraisal.

Educational activity includes formal courses, lectures, seminars, small group or practice-based learning events, online learning, reading, learning a new skill, mentoring someone, shadowing a specialist, becoming a trainer, doing individual reflective activity, etc. A reflective log of learning should satisfy an appraiser that each recorded activity was educational.

The NES courses offered at “The Lister @ Westport” support doctors to meet the CPD standards required for revalidation. Suggested credits are specified against each course in this brochure. All courses have robust quality assurance (SEALS). NES welcomes suggestions for other topics and training methods. Please have a look at other initiatives online at the NES Portal, GP CPD website, SOAR, RCGP and GMC websites. Get in touch with your appraiser or go to the NES website for further information.

www.nes.scot.nhs.uk > Education and training > Medicine >Revalidation