Specialty: Paediatrics

Deanery sponsoring programme: East of Scotland
Postgraduate Dean: Professor Philip Cachia
Responsible Associate Dean/GP Director: Dr Fiona Drimmie

Programme Type -
- Deanery-based or National: Deanery
- Specialty or Sub-specialty: Specialty

Date of GMC recent approval: August 2010

Associated Royal College / Faculty: Royal College of Paediatrics and Child Health

Web address:
- http://www.rcpch.ac.uk/
- http://www.rcpch.ac.uk/Training/Competency-Frameworks

Date programme information last updated: September 2011

Recognised Programme Locations and Environments
This programme involves placements in some or all of these Health Boards and hospitals:

East of Scotland – with placements in NHS Tayside, NHS Forth Valley, NHS Lothian and Fife

- Tayside Children’s Hospital @ Ninewells Hospital & Medical School
- Community Child Health/ Armitstead Child Development Centre, Dundee
- Community Child Health, Perth
- Community Child Health, Angus
- Child and Family Psychiatry, Centre for Child Health, Dundee
- Forth Valley Royal Hospital, Larbert
- Community Child Health, Forth Valley
- Royal Hospital for Sick Children, Edinburgh
- Simpson’s Centre for Reproductive Health, New Royal Infirmary, Edinburgh
- Victoria Hospital, Kirkcaldy, Fife

Programme Director: Dr Birgit Wefers

Contact
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- Consultant
- Neonatal Intensive Care Unit
- Tayside Children’s Hospital
- Level 6, Ninewells Hospital & Medical School
- Dundee
- DD1 9SY
Programme Description

Why choose this programme

There are 4 programs in Scotland providing geographically clustered placements. The programs are Deanery based but are nationally coordinated via a training committee with representation from each of the four Deaneries. This ensures that all 4 paediatric training programs in Scotland provide equity of training and a comprehensive package for all trainees. The East of Scotland program offers paediatric specialist training based within the East of Scotland deanery with a rotational element involving placements in South East Scotland. Trainees commencing in this program at ST1 will have placements in South East Scotland (NHS Lothian & NHS Fife) during the initial years of the program with the remainder of training in the East of Scotland (NHS Tayside & NHS Forth Valley). In return a similar number of South East Trainees rotate through placements in the East of Scotland. In order to provide seamless training there is close joint working in appraisal and assessment of rotating trainees between the 2 deaneries.

The East of Scotland training program offers excellent training opportunities whether you aspire to become a general paediatrician or a sub-specialist. It has a proven track record supporting successful application of trainees to the national paediatric subspecialty training grid, supporting local grid trainees, supporting future general paediatricians in developing areas of special expertise and in supporting trainees’ academic aspirations.

Specialty Information

Training in the East of Scotland paediatric training program is provided in Tayside Children’s Hospital, the regional centre in Dundee, in Forth Valley Royal Hospital, a District General Hospital in Larbert and in placements within South East Scotland. These include the Royal Hospital for Sick Children, the Simpson Centre for Reproductive Health at the new Edinburgh Royal Infirmary and Victoria Park Hospital in Kirkcaldy. Rotation between the East and South East Deaneries and across clinical settings, including both hospital and community placements, provides a robust breadth of experience and training opportunities.

The program has locally supported trainees in national subspecialty grid training within Neonatology and Neurology and can also offer subspecialty training in Community Child Health. A program which will support grid training in Neuro-developmental medicine is currently in development.

Opportunities for academic fellow/lecturer posts, provided in co-operation with the University of Dundee, exist within this program (currently 2 posts) and continue to be developed.

Tayside region has a population of around 400 000, and is rich in history, tradition and culture. Dundee is the principal city, situated on the north bank of the River Tay. It is conveniently near the three other large cities in Scotland – Edinburgh, Glasgow and Aberdeen. Good road / rail links exist between Dundee and the other locations in this program with a maximum commuting time of ~1h from Dundee.

Tayside Children’s Hospital and the University Division of Maternal and Child Health Sciences facilities opened in 2006. They are situated on the Ninewells Hospital campus, a purpose-built hospital and medical school complex overlooking the Firth of Tay. The children's ward includes 42 medical paediatric beds, including a 6 bed high dependency unit and a paediatric surgical area. There is a short stay ambulatory unit, a clinical investigation unit, a paediatric surgical day case ward and a 21 cot level 3 neonatal intensive care unit. There is a daytime Paediatric Ambulatory Unit and Child Development Centre at Perth Royal Infirmary and a regional Child Development Centre in Kings Cross, Dundee.
Multi-disciplinary specialist clinical services are established for diabetes, endocrinology, haematology/oncology, paediatric immunodeficiency, cystic fibrosis, respiratory diseases, paediatric neurology, epilepsy, neurodisability, gastroenterology, high risk neonatal follow-up and metabolic disorders. Community Child Health across Perth, Angus and Dundee provides secondary level services through specialty teams. These specialty teams are Complex Disability, School Health, Developmental and Behavioral Paediatrics, Child Protection and Social Paediatrics.

Dundee Medical School has an international reputation for medical education, with a current annual intake of 180 medical students. Child Health is the academic arm of Tayside Children’s Hospital, with the function of delivering and supervising an academic and teaching programme for the University of Dundee and NHS Tayside. Current research interests and opportunities centre on medical education, children’s diabetes, respiratory disease, epilepsy, public health/epidemiology, pharmaco-vigilance and paediatric clinical trials through the Tayside Paediatric Clinical Research Facility, supported by the Tayside Academic Health Sciences Centre and the Scottish Medicines for Children Research Network. There are direct links with the Division of Translational Medicine which has programmes in diabetes, early human development, the molecular basis of cystic fibrosis and health quality, safety & informatics.

Experience in a second university children’s hospital is incorporated into the run through program by rotation to RHSC, Edinburgh, and NICU at Simpson Centre for Reproductive Health, Edinburgh, in the initial years of the program. This includes an automatic placement in Paediatric Intensive Care.

Complimentary DGH level experience is available through placements at Forth Valley Royal Hospital, Larbert, and Victoria Hospital, Kirkcaldy. Paediatrics at Forth Valley Royal Hospital has a paediatric ward, a paediatric short stay assessment area and a level 2 Neonatal Intensive Care Unit, as well as comprehensive Community Child Health services. The subspecialty interests represented in the department include respiratory paediatrics/cystic fibrosis, endocrinology/diabetes, neurology/paediatric headache, child protection & social paediatrics, neurodisability and complex care.

For entrants at ST2 and above the order and combination of placements may vary from the standard run through program.

**How to apply**

http://www.scotmt.scot.nhs.uk/

**Deanery Administrative Contacts**

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**Quality of Training**

GMC Trainee Survey Information (2011) [Link]