Aim of Project
All homebirths in NHS Borders have a completed Debriefing/Reflection document completed and discussed at Peer meetings by February 2016.

Primary Drivers
- Time allocated at Peer meetings to discuss home births
- Discuss at next peer meeting plans and aims for the debriefing/reflection tool
- Add new debrief/reflection SBAR sheet to home birth paperwork
- Review ease of use

Secondary Drivers
- Discuss with line manager re time allocation
- Prepare presentation
- Educate team on completing debrief/reflection
- Design SBAR
- Literature search on value of reflection

Project Actions/Processes
After discussing with other peer members at our regular meeting, the new SBAR form was emailed to all the community midwives to add to the home birth pack.

We had two home births which were used as a test of change.

The SBAR debriefing reflection was completed for each home birth and emailed to the other community midwives involved in the lady’s care, so they could add anything they felt was important for their own reflection.

Discussion is planned for our next Peer meeting in February.

Results/Evaluation
The new SBAR debriefing will be part of the home birth paperwork—it will be completed for all home births.

This will allow Midwives to reflect on their own practise which could be used as part of their own Revalidation.

This discussion may enable midwives to identify any learning needs.

The SBAR debriefing will support quality improvement and safety through identifying any problems, concerns, issues with equipment.

The SBAR will support positive team communication and peer support.

Next steps:
Roll out to all community teams
Develop a reflective tool to discuss home birth with women and partners