Specialty: Child & Adolescent Psychiatry

GMC: NOS/473

Deanery sponsoring programme: North of Scotland
Postgraduate Dean: Professor Gillian Needham
Responsible Associate Dean/GP Director: Dr Margaret Bremner

Programme Type -
- Deanery-based or National: Deanery
- Specialty or Sub-specialty: Specialty

Date of GMC recent approval: August 2010

Associated Royal College / Faculty The Royal College of Psychiatrists

Web address Link

Curriculum and Associated Assessment System Link

Date programme information last updated November 2010

Recognised Programme Locations and Environments
This programme involves placements in some or all of these Health Boards and hospitals:
North and North-East of Scotland – placements in Aberdeen hospitals, Inverness and Elgin;
Royal Aberdeen Children’s Hospital out patients, Aberdeen
Lowitt Unit, Royal Aberdeen Children’s Hospital , Aberdeen
Young People’s dept, Royal Cornhill Hospital, Aberdeen
Shenavall Centre, Inverness
Rowan centre, Elgin

Programme Director Dr Justin Williams

Contact
- Dr Justin Williams
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- Child & Adolescent
- Psychiatry
- RACH
- Aberdeen

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Programme Description

Why choose this programme
CAMHS for North Scotland is based in Grampian and Highland NHS Trusts. Training locations are on the Forresterhill and Royal Cornhill Hospital campuses in Aberdeen, and at other departments of Child and Family Mental Health in Elgin and Inverness.

NHS Grampian serves a population of approximately 500,000 whilst NHS Highland serves a population of 200,000. These CAMHS services provide comprehensive mental health assessment and treatment services for children and young people from birth up to School leaving age (or 18yrs in Aberdeen).
The training programme ST4–ST6 in Child and Adolescent Psychiatry lasts for three years

Approved placements

Royal Aberdeen Children’s Hospital
Outpatient services (Drs Carol Gilmour and Mercedes Acevedo)
Assessment and treatment of a wide range of mental health problems in children up to their 13th birthday in a multidisciplinary team. Includes infant mental health work and liaison/consultation with a variety of agencies.

The Lowit Day-Unit (Dr Justin Williams).
A day-program of assessment and treatment for children with severe and complex mental health problems including neurodevelopmental disorder such as autism and disability stemming from severe psychosocial problems.

Young People’s Department (Dr Anne Gilchrist)
Assessment and treatment of adolescents aged 13-18 with psychiatric and neurodevelopmental disorders, within a multidisciplinary team. Experience in other specialist services eg forensic, substance misuse can be negotiated. Outpatient work, including intensive treatment when required, and in patient provision locally.

Learning Disability at Rosehill House (Dr Dee Rasalam)
Provides experience in assessment and treatment of learning disability and co-morbid mental health problems in children and adolescents up to the age of 16 yrs.

The Rowan Centre at Elgin (Dr Cleo Hart)
A multidisciplinary team providing outpatient child and adolescent services to children and young people up to school leaving covering the Moray region.

Shenevall Centre, Raigmore Hospital, Inverness (Dr Roderick Beasley)
The Department of Child and Family Psychiatry provides a comprehensive CAMHS to Highland’s population of young people up to school leaving age, including mental health input to the paediatric ward at Raigmore hospital. In providing services to an area of some 10,000 sq. miles, excellent experience may be obtained in the provision of services to remote and rural locations.

Available training throughout all posts.
Psychotherapy, with supervised cases using CBT, IPT, behavioural, group and systemic therapies.
Paediatric liaison
Psychopharmacology.
Assessment of deliberate self harm, audit, supervision, undergraduate and post graduate teaching and training, management experience.

Research
Many supervised research opportunities are available. Trainees are invited to join current programmes, and research supervision and support is organised by Dr Williams.

Further information can be obtained from Dr Justin Williams, Training Programme Director, Child Health, University of Aberdeen Medical School, Royal Aberdeen Children’s Hospital.

How to apply

http://www.scotmt.scot.nhs.uk/
### Deanery Administrative Contacts

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### Quality of Training

**PMETB Trainee Survey Information (2010)**  
[Link](#)